Process driven investment decisions driving better long term results with more shallow drawdowns and better risk adjusted performance.

Disclosure

Nothing in this report should be construed as investment advice, an offer, recommendation, or solicitation to buy or sell any investment. All investing involves risk, including the possible loss of money you invest, and past performance does not guarantee future performance.

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Investment Strategies

Investments for the month of July 31, 2024

Strategy Components Invested:

Aggressive \rightarrow

Month	HedgeFundie	MAX PAIN	Profit Farmer
Jul 2023	55% UPRO 45% TMF	3X S&P 500	50.19% EDC 14.15% URTY 35.66% TQQQ
Aug 2023	55% UPRO 45% TMF	3X S&P 500	19.06% EDC 28.26% URTY 52.68% TQQQ
Sep 2023	55% UPRO 45% TMF	3X S&P 500	24.25% EDC 52.61% URTY 23.14% TQQQ
Oct 2023	55% UPRO 45% TMF	3X Long Term Treasuries	47.69% EDC 9.86% TQQQ 42.45% DRN
Nov 2023	55% UPRO 45% TMF	Extended Duration Treasuries	73.74% EDC 11.96% TQQQ 14.3% DRN
Dec 2023	55% UPRO 45% TMF	3X S&P 500	68.3% EDC 31.7% TQQQ
Jan 2024	55% UPRO 45% TMF	3X Russell 2000	22.1% URTY 68.18% TMF 9.72% DRN
Feb 2024	55% UPRO 45% TMF	3X S&P 500	57.76% TQQQ 42.24% TMF
Mar 2024	55% UPRO 45% TMF	3X S&P 500	58.03% EDC 41.97% TQQQ
Apr 2024	55% UPRO 45% TMF	3X S&P MidCap 400	70.42% EDC 29.58% TQQQ
May 2024	55% UPRO 45% TMF	3X S&P 500	89.52% EDC 6.19% URTY 4.29% TQQQ
Jun 2024	55% UPRO 45% TMF	3X S&P MidCap 400	69.34% EDC 1.45% URTY 29.21% TQQQ
Jul 2024	55% UPRO 45% TMF	3X S&P 500	23.24% EDC 44.42% TQQQ 32.34% DRN

For July, here are the investments by strategy:

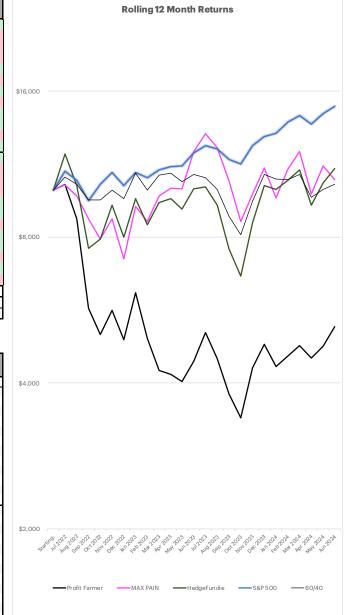
Investment Strategies Rolling 12 Month Returns Through June 29, 2024

Returns and Maximum Drawdown:

	US Market	Balanced			
Month	S&P 500	60/40	HedgeFundie	Profit Farmer	MAX PAIN
Jul 2022	9.21%	6.48%	18.66%	2.66%	2.38%
Aug 2022	-4.08%	-3.57%	-13.86%	-15.05%	-5.15%
Sep 2022	-9.24%	-7.22%	-25.76%	-34.63%	-10.20%
Oct 2022	8.13%	0.00%	4.23%	-11.77%	-9.10%
Nov 2022	5.56%	4.80%	17.55%	12.27%	10.08%
Dec 2022	-5.76%	-3.78%	-13.94%	-13.08%	-17.36%
Jan 2023	6.29%	12.70%	20.01%	25.22%	28.28%
Feb 2023	-2.51%	-7.60%	-11.66%	-19.65%	-6.80%
Mar 2023	3.71%	7.37%	10.98%	-14.03%	12.86%
Apr 2023	1.60%	0.82%	1.83%	-1.93%	3.60%
May 2023	0.46%	-3.93%	-4.81%	-3.44%	-0.15%
Jun 2023	6.48%	3.52%	10.10%	10.22%	19.13%
Jul 2023	3.27%	-1.53%	1.00%	14.82%	8.95%
Aug 2023	-1.63%	-5.36%	-8.44%	-11.67%	-6.37%
Sep 2023	-4.74%	-12.16%	-18.57%	-15.63%	-14.71%
Oct 2023	-2.17%	-8.27%	-12.18%	-10.62%	-17.43%
Nov 2023	9.13%	17.24%	28.69%	26.78%	14.03%
Dec 2023	4.57%	13.67%	19.41%	11.99%	12.94%
Jan 2024	1.59%	-2.34%	-1.81%	-10.00%	-13.18%
Feb 2024	5.22%	-0.22%	4.29%	4.93%	14.67%
Mar 2024	3.27%	2.37%	5.31%	5.17%	8.83%
Apr 2024	-4.03%	-10.17%	-15.58%	-5.89%	-18.46%
May 2024	5.06%	3.71%	11.10%	5.88%	14.28%
Jun 2024	3.53%	2.47%	7.11%	9.69%	-6.35%
24 Mo Rtrn:	48.70%	2.62%	10.61%	-47.77%	4.89%
CAGR	21.94%	1.30%	5.17%	-27.73%	2.42%
Max DD:	-12.94%	-25.32%	-44.01%	-66.98%	-34.06%
b/(w) S&P 500:	0.0%	-46.1%	-38.1%	-96.5%	-43.8%

\$10,000 turns into:

	US Market	Balanced							
Month	S&P 500	60/40	Не	dgeFundie	Pro	ofit Farmer	N	IAX PAIN	
Starting:	\$ 10,000	\$ 10,000	\$	10,000	\$	10,000	\$	10,000	
Jul 2022	\$ 10,921	\$ 10,648	\$	11,866	\$	10,266	\$	10,238	
Aug 2022	\$ 10,475	\$ 10,268	\$	10,221	\$	8,721	\$	9,711	
Sep 2022	\$ 9,507	\$ 9,527	\$	7,589	\$	5,701	\$	8,720	
Oct 2022	\$ 10,280	\$ 9,527	\$	7,909	\$	5,030	\$	7,927	
Nov 2022	\$ 10,852	\$ 9,985	\$	9,297	\$	5,648	\$	8,726	
Dec 2022	\$ 10,227	\$ 9,607	\$	8,001	\$	4,909	\$	7,211	
Jan 2023	\$ 10,870	\$ 10,827	\$	9,603	\$	6,147	\$	9,250	
Feb 2023	\$ 10,597	\$ 10,004	\$	8,483	\$	4,939	\$	8,621	
Mar 2023	\$ 10,991	\$ 10,741	\$	9,414	\$	4,246	\$	9,730	
Apr 2023	\$ 11,166	\$ 10,830	\$	9,586	\$	4,164	\$	10,080	
May 2023	\$ 11,218	\$ 10,404	\$	9,125	\$	4,021	\$	10,065	
Jun 2023	\$ 11,945	\$ 10,770	\$	10,047	\$	4,432	\$	11,990	
Jul 2023	\$ 12,335	\$ 10,606	\$	10,147	\$	5,089	\$	13,064	
Aug 2023	\$ 12,134	\$ 10,037	\$	9,291	\$	4,495	\$	12,231	
Sep 2023	\$ 11,559	\$ 8,817	\$	7,566	\$	3,792	\$	10,432	
Oct 2023	\$ 11,308	\$ 8,087	\$	6,644	\$	3,390	\$	8,614	
Nov 2023	\$ 12,341	\$ 9,481	\$	8,550	\$	4,297	\$	9,822	
Dec 2023	\$ 12,905	\$ 10,777	\$	10,210	\$	4,813	\$	11,093	
Jan 2024	\$ 13,110	\$ 10,525	\$	10,025	\$	4,331	\$	9,631	
Feb 2024	\$ 13,794	\$ 10,501	\$	10,455	\$	4,545	\$	11,044	
Mar 2024	\$ 14,245	\$ 10,750	\$	11,011	\$	4,779	\$	12,019	
Apr 2024	\$ 13,671	\$ 9,657	\$	9,295	\$	4,498	\$	9,801	
May 2024	\$ 14,363	\$ 10,015	\$	10,327	\$	4,762	\$	11,200	
Jun 2024	\$ 14,870	\$ 10,262	\$	11,061	\$	5,223	\$	10,489	



Investment Strategies

1980 through June 29, 2024

Annual retu	rns:	
		_

	Benchmarks			Į	Dual Momentum				
	US Market	Balanced	Nasdaq 100						
Year End	S&P 500	60/40	QQQ	J.	HedgeFundie	MAX PAIN	Profit Farme		
1980	32.49%	21.02%	0.00%		45.72%	112.85%	0.00%		
1981	-4.90%	0.07%	0.00%		-13.21%	17.16%	0.00%		
1982	21.55%	25.68%	0.00%		104.69%	134.42%	0.00%		
1983	22.55%	16.21%	0.00%		33.46%	107.36%	0.00%		
1984	6.25%	9.84%	0.00%		25.80%	8.11%	0.00%		
1985	31.23%	27.65%	0.00%		122.87%	87.51%	0.00%		
1986	18.05%	17.65%	0.00%		68.99%	37.57%	0.00%		
1987	4.68%	4.81%	0.00%		-2.02%	-45.08%	-18.83%		
1988	16.22%	12.64%	0.00%		37.21%	23.23%	56.44%		
1989	31.38%	24.20%	0.00%		86.89%	73.31%	30.16%		
1990	-3.32%	1.56%	0.00%		-4.70%	-31.86%	-17.86%		
1991	30.22%	24.30%	0.00%		90.44%	89.45%	166.45%		
1992	7.40%	7.35%	0.00%		23.25%	23.14%	53.18%		
1993	9.58%	9.66%	0.00%		40.42%	44.23%	63.89%		
1994	0.38%	-0.77%	0.00%		-10.94%	-15.76%	-22.129		
1995	38.05%	29.81%	0.00%		133.08%	96.18%	120.139		
1996	22.51%	14.70%	0.00%		33.24%	24.90%	16.68%		
1997	33.49%	23.58%	0.00%		78.35%	73.59%	85.81%		
1998	28.69%	21.01%	0.00%		71.42%	4.10%	25.04%		
1999	20.39%	11.65%	0.00%		14.82%	12.88%	61.90%		
2000	-9.74%	-1.49%	0.00%		2.12%	58.06%	98.51%		
2001	-11.75%	-3.81%	0.00%		-18.16%	5.80%	22.729		
2002	-21.59%	-9.80%	0.00%		-20.45%	19.08%	-6.68%		
2003	28.16%	18.19%	0.00%		49.04%	222.74%	163.96%		
2004	10.71%	8.00%	0.00%		29.13%	39.62%	44.50%		
2005	4.83%	3.87%	0.00%		20.71%	-8.55%	52.20%		
2006	15.84%	10.95%	0.00%		24.73%	55.90%	57.129		
2007	5.14%	5.94%	0.00%		19.86%	9.98%	-19.18%		
2008	-36.81%	-21.86%	0.00%		-42.86%	48.69%	17.52%		
2009	26.38%	18.66%	0.00%		-4.88%	23.19%	5.06%		
2010	15.06%	12.04%	0.00%	ľ	43.94%	38.95%	21.52%		
2011	1.88%	4.38%	0.00%		45.73%	60.10%	80.37%		
2012	16.00%	11.39%	0.00%		31.69%	47.10%	11.19%		
2013	32.31%	17.44%	0.00%		29.66%	149.93%	114.09%		
2014	13.48%	10.56%	0.00%		64.08%	27.61%	56.48%		
2015	1.26%	1.11%	0.00%		-2.45%	-17.34%	4.30%		
2016	12.00%	8.34%	0.00%		19.88%	58.20%	50.27%		
2017	21.71%	14.26%	0.00%		51.13%	23.68%	61.33%		
2018	-4.56%	-2.47%	0.00%		-13.56%	8.78%	7.79%		
2019	31.23%	21.98%	0.00%		81.31%	27.64%	21.26%		
2020	18.39%	14.93%	0.00%	ľ	49.80%	120.14%	101.69%		
2021	28.76%	15.74%	0.00%		36.12%	82.82%	108.849		
2022	-18.16%	-15.86%	0.00%		-63.22%	-63.67%	-80.51%		
2023	26.18%	12.18%	0.00%	ļ	27.60%	53.84%	-1.96%		
2024	15.23%	-4.78%	0.00%	ļ	8.34%	-5.45%	8.54%		
+/- S&P YTD:	0.0%	-20.0%	-15.2%	1	-6.9%	-20.7%	-6.7%		
CAGR	11.9%	9.4%	12.2%		25.7%	34.2%	0.0%		



Strategy Fact Sheets

Dual Momentum Strategies: HedgeFundie

Sort of a highly leverged 60/40 Portfolio as prescribed by HedgeFundie on Bogleheads

Investment selection for July 2024:

55% UPRO 45% TMF

Tax friendliness:

HedgeFundie unsure of short/long term taxes

Months between change of holdings

HedgeFundie as tracked here is rebalanced monthly.

Portfolio size appropriateness:

Whale, **HedgeFundie** can be used for any sized portfolio.

Characteristics:

Drawdowns: **HedgeFundie** has frequent and massive drawdowns. Volatility: **HedgeFundie** is extremely volatile. Returns: **HedgeFundie** has superior historical returns compared to the S&P 500. **HedgeFundie** is always leveraged with 3X ETF's

Annualized Returns actual YTD for current year.

Investment	YTD	1 Year	3 Year	5 Year	10 Year	2000+	1980+
HedgeFundie	8.34%	10.09%	-14.67%	4.71%	13.75%	13.27%	25.67%
Balanced 60/40	-4.78%	-4.72%	-2.72%	4.23%	5.94%	5.32%	9.44%
S&P 500	15.23%	24.49%	9.96%	15.00%	12.77%	7.43%	11.87%

Maximum Drawdrown single largest drawdown.

Investment	YTD	1 Year	3 Year	5 Year	10 Year	2000+	1980+
HedgeFundie	-15.58%	-34.52%	-69.46%	-69.46%	-69.46%	-69.46%	-69.46%
Balanced 60/40	-10.40%	-24.91%	-32.17%	-32.17%	-32.17%	-32.33%	-32.33%
S&P 500	-4.03%	-8.33%	-23.92%	-23.92%	-23.92%	-50.79%	-50.79%

Ulcer Index the higher the number the more painful downside volatility. Considers all downside not just maximum.							
Investment	YTD	1 Year	3 Year	5 Year	10 Year	2000+	1980+
HedgeFundie	6.37	13.71	48.25	37.79	27.41	26.76	21.13
Balanced 60/40	5.25	10.13	13.68	10.81	7.79	8.69	6.78
S&P 500	1.52	3.14	9.91	8.35	6.40	16.29	12.80

Sortino Ratio, risk adjusted performance measure - bigger number is better.

Investment	YTD	1 Year	3 Year	5 Year	10 Year	2000+	1980+
HedgeFundie	(1.39)	(1.11)	(1.53)	(1.32)	(1.44)	0.57	1.19
Balanced 60/40	(2.74)	(2.05)	(2.37)	(2.44)	(2.72)	0.07	0.61
S&P 500	(2.37)	(2.30)	(2.31)	(2.20)	(2.46)	0.28	0.69

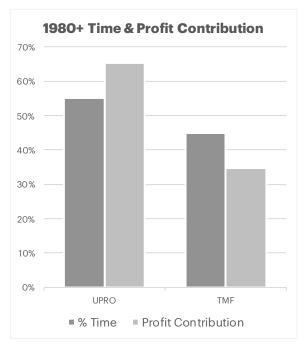
Strategy Description:

HedgeFundie's Excellent Adventure threads on the Boglehead's forum has been active since 1st posted. HedgeFundie left after some point, tired of defending the strategy and being attacked, the strategy lives on. I track it out of curiosity, even though I find it to be a terrible strategy given it's performance adjusted metrics. People can dream.

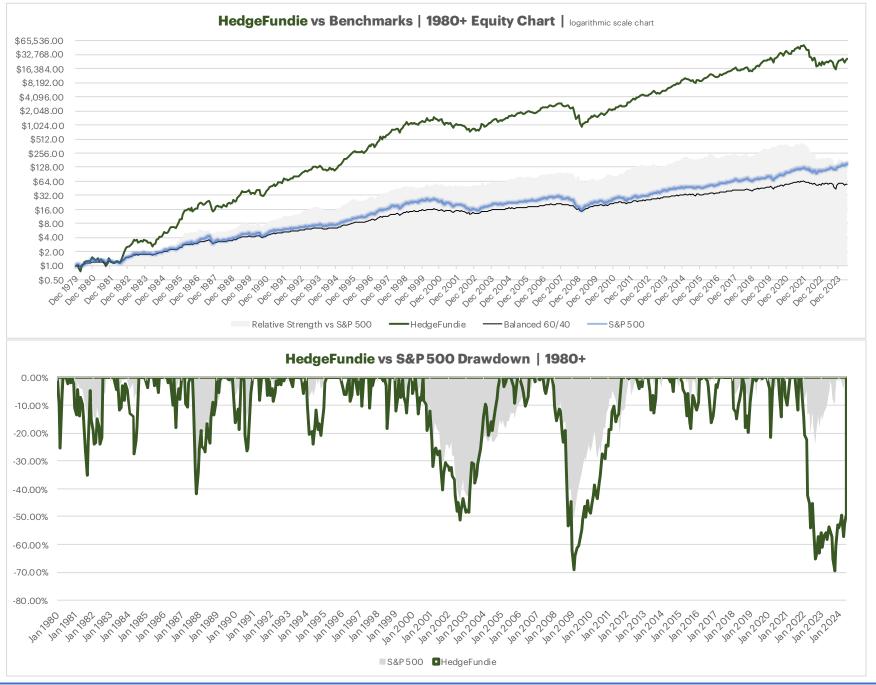
Strategy Components

UPRO 3X S&P 500 TMF 3X Long Term Treasuries

Metric	2000+	1980+
Beta	1.53	1.73
Alpha	2.15%	5.40%



HedgeFundie's Excellent Adventure [55/45] began in August 2019, out of sample after that time.



HedgeFundie's Excellent Adventure [55/45] began in August 2019, out of sample after that time.

Dual Momentum Strategies: MAX PAIN

USA Momentum Rotational always using triple leverage

Investment selection for July 2024: 3X S&P 500

3X S&P 500

Tax friendliness:

MAX PAIN has mostly Short Term Cap Gains.

Months between change of holdings

MAX PAIN changes it's holdings every 2.5 months on average.

Portfolio size appropriateness:

Small Fry, MAX PAIN is only suitable for < \$500,000 allocations.

YTD

-5.45%

-4.78%

15.23%

YTD

-18.46%

-10.40%

-4.03%

Characteristics:

Investment

S&P 500

Investment

MAX PAIN

Balanced 60/40 S&P 500

MAX PAIN

Balanced 60/40

Drawdowns: MAX PAIN has frequent and larger drawdowns than the S&P. Volatility: MAX PAIN is far more volatile than the S&P over time. Returns: MAX PAIN has incredibly huge historical returns compared to the S&P 500. Leverage: MAX PAIN has a maximum leverage of 300% and average leverage of: 258%

1 Year

-12.52%

-4.72%

24.49%

1 Year

-34.06%

-24.91%

-8.33%

Annualized Returns actual YTD for current year.

Maximum Drawdrown single largest drawdown.

Strategy Description:

5 Year

22.46%

4.23%

15.00%

5 Year

-63.67%

-32.17%

-23.92%

10 Year

17.52%

5.94%

12.77%

10 Year

-63.67%

-32.17%

-23.92%

MAX PAIN invests in the United States, going into the 3X leveraged version of the best performer of the Russell 1000, Russell MidCap Growth, or Russell Small Cap. When these markets aren't experiencing positive momentum the strategy goes into 3X Long Term Treasuries. This is an extremely high return strategy with equally high volatility and frequent drawdowns, know what you're getting into.

Strategy Components

1980+

34.17%

9.44%

11.87%

1980+

-67.06%

-32.33%

-50.79%

2000+

5.32%

7.43%

2000+

-63.67%

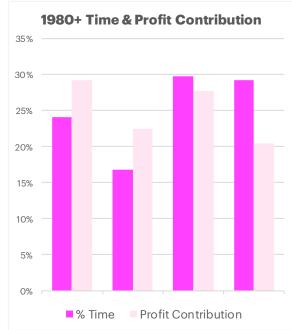
-32.33%

-50.79%

33.93%

URTY 3X Russell 2000, MIDU 3X S&P MidCap 400, UPRO 3X S&P 500 TMF 3X Long Term Treasuries, 1st month in treasuries EDV Extended Duration Treasuries, subsequent months in treasuries

Metric	2000+	1980+
Beta	1.11	1.61
Alpha	25.72%	15.36%



Ulcer Index the higher the number the more painful downside volatility. Considers all downside not just maximum.

Investment	YTD	1 Year	3 Year	5 Year	10 Year	2000+	1980+
MAX PAIN	10.16	18.93	42.80	33.69	26.07	18.79	22.04
Balanced 60/40	5.25	10.13	13.68	10.81	7.79	8.69	6.78
S&P 500	1.52	3.14	9.91	8.35	6.40	16.29	12.80

3 Year

-2.72%

9.96%

3 Year

-63.67%

-32.17%

-23.92%

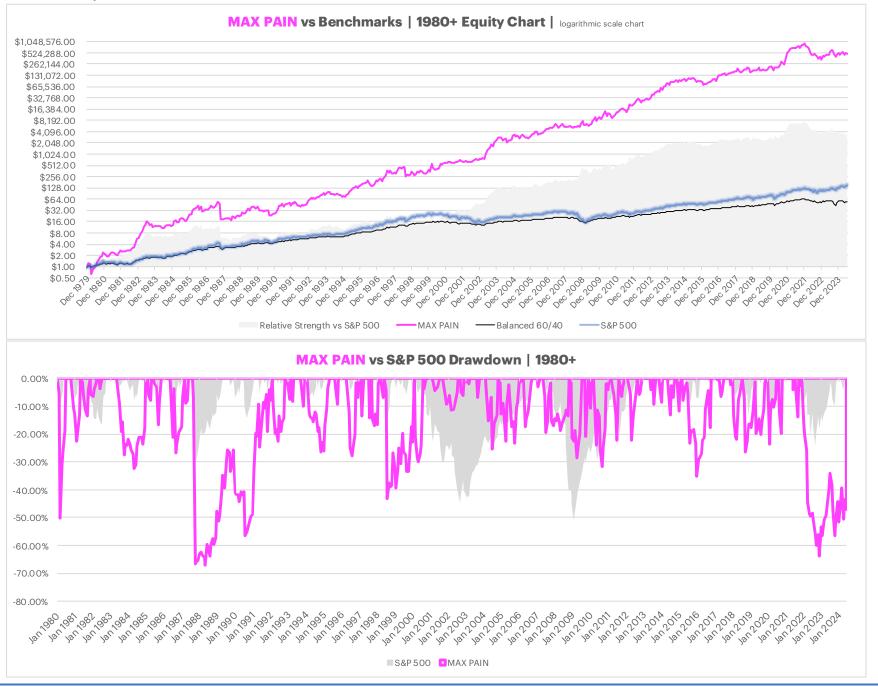
-10.75%

Sortino Ratio, risk adjusted performance measure - bigger number is better.

Investment	YTD	1 Year	3 Year	5 Year	10 Year	2000+	1980+
MAX PAIN	(1.42)	(1.46)	(1.51)	(0.83)	(1.11)	1.44	1.35
Balanced 60/40	(2.74)	(2.05)	(2.37)	(2.44)	(2.72)	0.07	0.61
S&P 500	(2.37)	(2.30)	(2.31)	(2.20)	(2.46)	0.28	0.69

The MAX PAIN inception date January 2021, out of sample since then and before 2000.

Dual Momentum Systems: MAX PAIN



The MAX PAIN inception date January 2021, out of sample since then and before 2000.

Dual Momentum Strategies: Profit Farmer

A Minimum Variance Adaptive Asset Allocation strategy by Private Farmer

Investment selection for July 2024:

23.24% EDC 44.42% TQQQ 32.34% DRN

Strategy Description:

Profit Farmer is a Minimum Variance Adaptive Asset Allocation strategy, it is not a DMS strategy, but created by a friend of DMS. I track it because I have invested in it myself. Profit Farmer is always leveraged to 300%.

Tax friendliness:

Profit Farmer has all Short Term Cap Gains.

Months between change of holdings

Profit Farmer changes it's holdings virtually every month.

Portfolio size appropriateness:

Small Fry, Profit Farmer is only suitable for < \$500,000 allocations.

Characteristics:

Drawdowns: **Profit Farmer** has frequent and larger drawdowns than the S&P. Volatility: **Profit Farmer** is far more volatile than the S&P over time. Returns: **Profit Farmer** has incredibly huge historical returns compared to the S&P 500.

Strategy Components

EDC 3X Emerging Markets URTY 3X Russell 2000 TQQQ 3X Nasdaq 100 TMF 3X Long Term Treasuries DRN 3X Real Estate

Metric	2000+	05/1987+
Beta	1.33	1.37
Alpha	19.01%	22.35%

Annualized Returns actual YTD for current year.

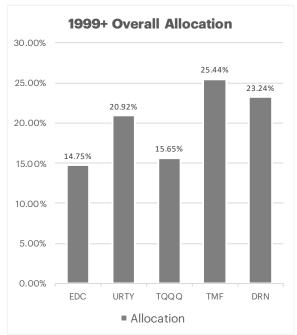
Investment	YTD	1 Year	3 Year	5 Year	10 Year	2000+	05/1987+
Profit Farmer	8.54%	17.86%	-35.69%	-2.56%	14.32%	28.74%	32.34%
MAX PAIN	-5.45%	-12.52%	-10.75%	22.46%	17.52%	33.93%	29.00%
S&P 500	15.23%	24.49%	9.96%	15.00%	12.77%	7.43%	10.44%

Investment	YTD	1 Year	3 Year	5 Year	10 Year	2000+	05/1987+
Profit Farmer	-10.00%	-33.39%	-86.54%	-86.54%	-86.54%	-86.54%	-86.54%
MAX PAIN	-18.46%	-34.06%	-63.67%	-63.67%	-63.67%	-63.67%	-67.06%
S&P 500	-4.03%	-8.33%	-23.92%	-23.92%	-23.92%	-50.79%	-50.79%

Uicer Index the higher the number the more painful downside volatility. Considers all downside not just maximum.								
Investment	YTD	1 Year	3 Year	5 Year	10 Year	2000+	05/1987+	
Profit Farmer	5.01	14.46	66.66	52.15	37.49	27.46	23.42	
MAX PAIN	10.16	18.93	42.80	33.69	26.07	18.79	23.21	
S&P 500	1.52	3.14	9.91	8.35	6.40	16.29	13.82	

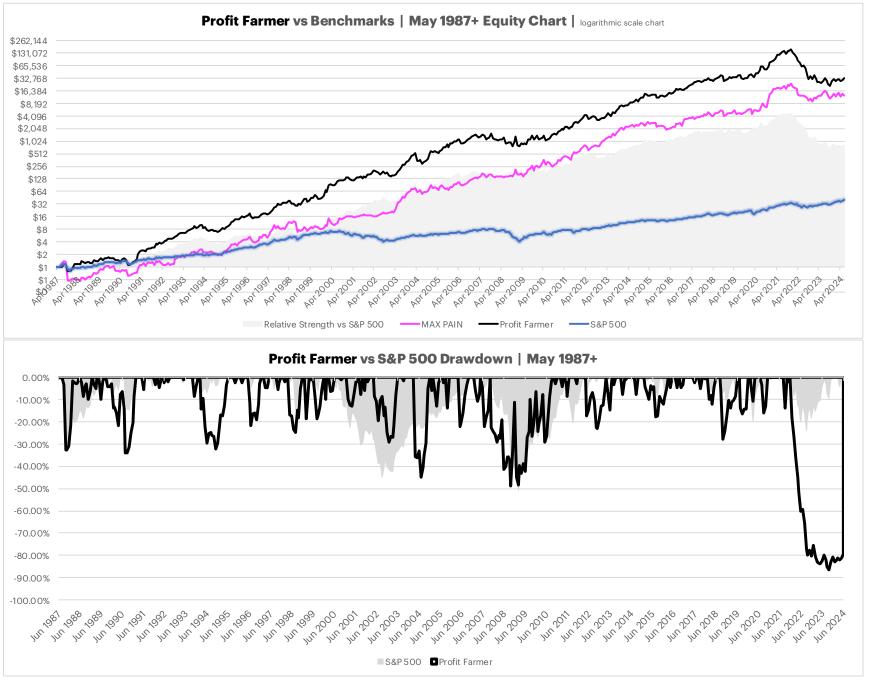
Sortino Ratio, risk adjusted performance measure - bigger number is better.

Investment	YTD	1 Year	3 Year	5 Year	10 Year	2000+	05/1987+
Profit Farmer	(1.67)	(1.06)	(1.87)	(1.32)	(1.26)	1.12	1.31
MAX PAIN	(1.42)	(1.46)	(1.51)	(0.83)	(1.11)	1.44	1.17
S&P 500	(2.37)	(2.30)	(2.31)	(2.20)	(2.46)	0.28	0.55



Profit Farmer, an Adaptive Asset Allocation by Private Farmer

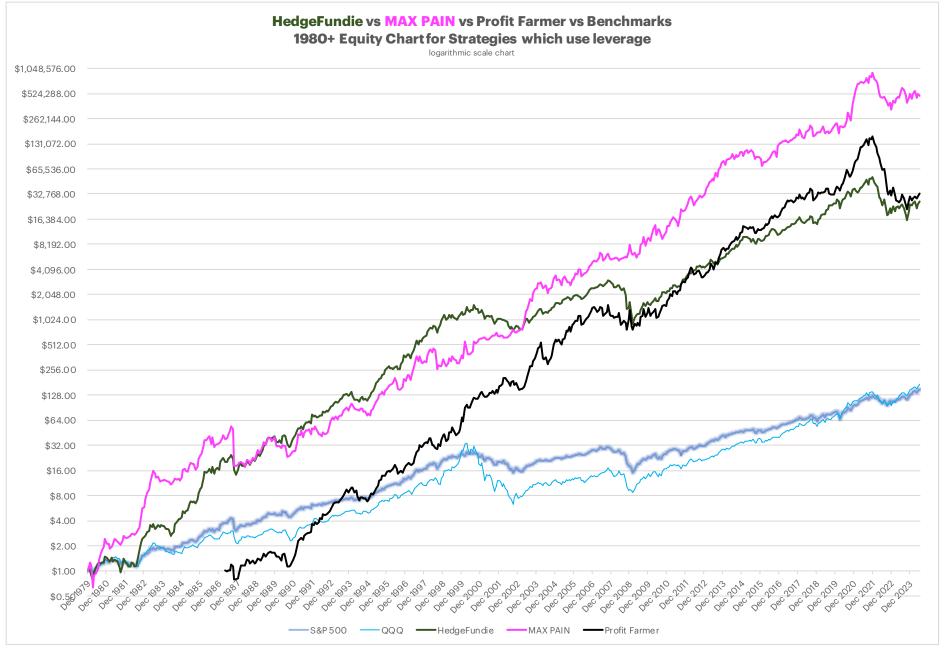
Strategy by Private Farmer



Profit Farmer, an Adaptive Asset Allocation by Private Farmer

Equity Chart

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*Profit Farmer returns only back through May 1987

Metrics, Annual Returns and Correlations

CAGR: Compound Annual Growth Rate, on average how much the strategy has returned per year

Ulcer Performance Index: A risk adjusted performance ratio which uses the Ulcer Index in it's calculations

Sortino Ratio: A risk adjusted performance ratio commonly used

Gain to Pain: Used by the famous Jack Schwager, simply the total net gain divided by net loses along the way

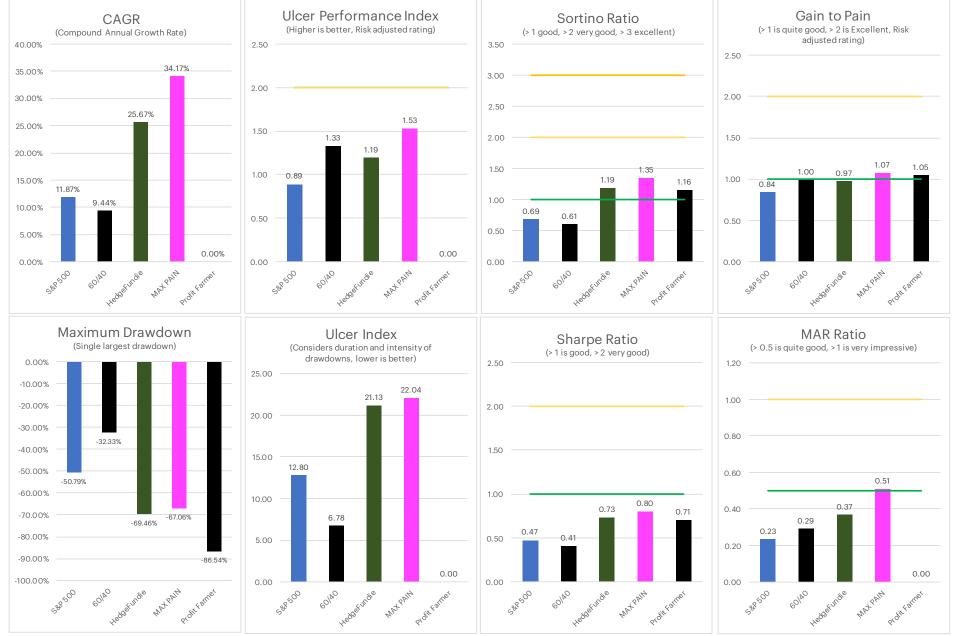
Maximum Drawdown: The largest negative drawdown for the strategy, on a month end basis

Ulcer Index: Measures how bad drawdowns are for an investment, not related to gains, just drawdowns

Sharpe Ratio: A commonly used risk adjusted performance measure, however, it penalizes for upside volatility

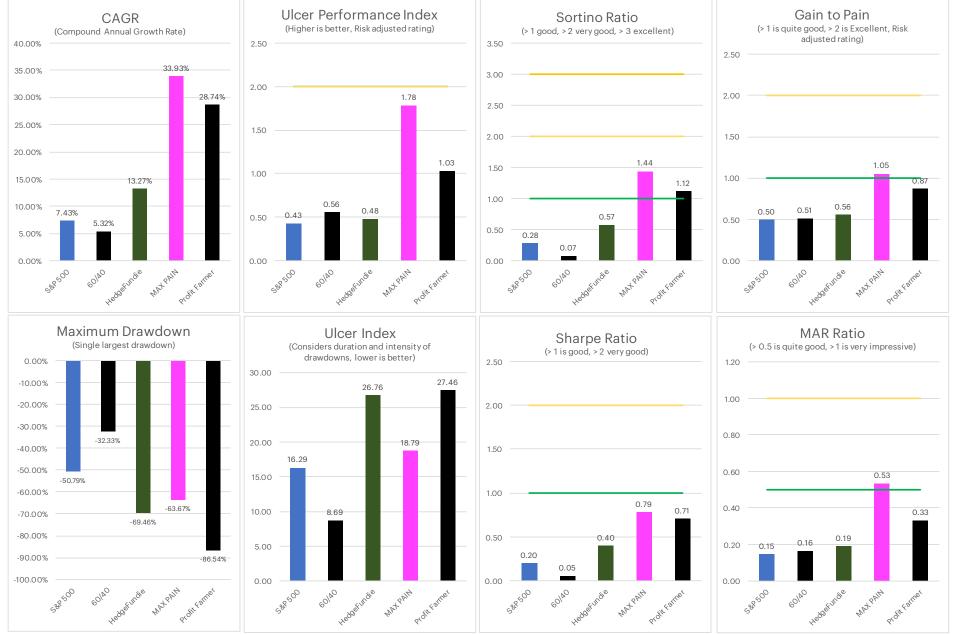
MAR Ratio: A risk adjusted performance ratio, uses maximum drawdown in it's calculations

"Long Term" Metrics Comparisons: Strategies vs S&P 500 & 60/40 1980 to current



All Metrics are calculated from Monthly returns

"Modern Era" Metrics Comparisons: Strategies vs S&P 500 & 60/40 2000 to current



All Metrics are calculated from Monthly returns

36 Month Strategy Return Correlations

	←Aggressive								
	S&P 500	Balanced 60/40	QQQ	LT Gain 3X	HedgeFundie	MAX PAIN			
S&P 500	100%								
Balanced 60/40	79%	100%							
QQQ	93%	75%	100%						
LT Gain 3X	0%	0%	0%	0%					
HedgeFundie	93%	91%	92%	0%	100%				
MAX PAIN	74%	75%	77%	0%	82%	100%			

Thank you for your time, my hope is that these strategies may help you grow your investments more than a market index fund, with less drawdowns along the way.

Countless hours of thought, development, and modeling have gone into these strategies which were inspired from the work of Gary Antonacci at www.OptimalMomentum.com. I have entrusted my invested net worth into these strategies, I am not looking to gain from anybody else who chooses to use them, I simply want to share what I think are fantastic ways to invest money for the long run. Receive the strategy information free by emailing me and getting on the distribution list, your information is kept private.

DUICA.

Extended Data & Out of Sample

Extended Data

The strategies use ETF monthly total return data. Leveraged ETF data is used as far back as it is available, it is simulated using the available daily return total data to extend the leverage returns back in time. At this time, only the leveraged S&P 500 from 1970 through 1979 had to be simulated on monthly data instead of daily, if that information becomes available to me it will be updated. This deck is reporting back to 1980 for all strategies, I do have Global Navigator and LT Gain 3 back to 1970 but as mentioned the extended data for the 1970's should based on daily returns.

The Nasdaq 100 benchmark data is based on Nasdaq 100 back to 1986, however, it didn't exist or data can't be found before that time, so the Nasdaq Composite is used pre-1986 as a proxy. I couldn't reliably emulate Nasdaq 100 from Nasdaq comp.

In Sample, and Out of Sample

The strategies were created with available data from 2000 through the time each strategy was created. Because this data was available and used in the modeling of each strategy, it is considered "In Sample". "Out of Sample" is the periods that the strategy is looking at for which returns were not available when the strategies were created. 1980 through 2000, and from when the strategy was finalized forward is all out of sample.

Nothing was changed to any of the strategies after seeing the additional 20 years from 1980 through 2000, nor were any of the strategies changed or modified due to any returns which have resulted after the strategies were created. I use these strategies myself to invest my hard earned dollars in them, I don't want to fool anybody, most especially not myself by tweaking the strategies to handle some big incident better than it was originally designed to do, no data mining!