# DUAL MOMENTUM SYSTEMS

Process driven investment decisions driving better long term results with more shallow drawdowns and better risk adjusted performance.



## **Disclosure**

Nothing in this report should be construed as investment advice, an offer, recommendation, or solicitation to buy or sell any investment. All investing involves risk, including the possible loss of money you invest, and past performance does not guarantee future performance.

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## What is Dual Momentum Investing?



Dual Momentum strategies are evidence based, rules based, objective, tactical investment methodologies
with the goal of maximizing participation in upside market momentum and sidestepping long market
downturns by going into Treasuries until the markets are again in an upward trending.



• Dual Momentum investing has two primary components. The first is absolute momentum: is there positive return over your look back period? The second momentum is relative momentum: which investment option has the highest return over the look back period. If there is positive momentum then we invest in the highest relative momentum option, otherwise we stay out of harm's way in Treasuries which tend to perform well when the markets are underperforming.



 Smart Leverage is now a part of these strategies in order to take advantage after outsized losses in the markets. These strategies are in leveraged equities about 10% to 15% of the time on average which is about 4 months every 3 years.



• Why use Dual Momentum Strategies? Most professional managers fail to beat the market indices over time and retail investors do even worse. Buy and Hold investors can match the indices performance but have to suffer tremendous drawdowns along the way. For these reasons I use these Dual Momentum strategies for my investing. You will rarely get out of equities at the very top, and back in at the very bottom, but there are incredible improvements, as the pages that follow will illustrate.



• Is Dual Momentum easy to invest in? Investing in Dual Momentum strategies can take some getting used to, you will experience whipsaw in choppy markets, there may be a change of investment at the end of any given month, the strategy may dictate you be fully invested at a time when you may otherwise not be, it can be hard to reconcile when your investments are performing different than the overall market, there will be periods of a year or longer when you underperform the overall market. However, you are paid off with less drawdowns and far better overall returns over the long run.

# Investment Strategies Investments for the month of February 28, 2023

#### Strategy Components Invested:

←Conservative

Aggressive →

| Month    | GPMv                              | Triad                              | Triad+                             | Triad++                             | The Russell | Global Navigator+ | LT Gain+ | LT Gain++ |
|----------|-----------------------------------|------------------------------------|------------------------------------|-------------------------------------|-------------|-------------------|----------|-----------|
| Feb 2022 | 6% PDBC 6% IYR 6% IWB 83% BIL     | 1/6 PDBC 2/6 IWS 3/6 VGSH          | 1/6 PDBC 2/6 IWS 3/6 VGSH          | 1/6 PDBC 2/6 IWS 3/6 VGSH           | VGSH        | VGSH              | VGSH     | VGSH      |
| Mar 2022 | 100% BIL                          | 1/6 PDBC 5/6 VGSH                  | 1/6 PDBC 5/6 VGSH                  | 1/6 PDBC 5/6 VGSH                   | VGSH        | VGSH              | VGSH     | VGSH      |
| Apr 2022 | 11% PDBC 11% SGOL 11% QQQ 67% BIL | 1/6 PDBC 2/6 IWS 3/6 VGSH          | 1/6 PDBC 2/6 IWS 3/6 VGSH          | 1/6 PDBC 2/6 IWS 3/6 VGSH           | IWS         | IWB               | IWB      | IWB       |
| May 2022 | 100% BIL                          | 1/6 PDBC 5/6 VGSH                  | 1/6 PDBC 5/6 VGSH                  | 1/6 PDBC 5/6 VGSH                   | VGSH        | VGSH              | VGSH     | VGSH      |
| Jun 2022 | 100% BIL                          | 1/6 PDBC 5/6 VGSH                  | 1/6 PDBC 5/6 VGSH                  | 1/6 PDBC 5/6 VGSH                   | VGSH        | VGSH              | VGSH     | VGSH      |
| Jul 2022 | 100% BIL                          | 1/6 PDBC 5/6 VGSH                  | 1/6 PDBC 5/6 VGSH                  | 1/6 PDBC 5/6 VGSH                   | VGSH        | VGSH              | VGSH     | VGSH      |
| Aug 2022 | 100% BIL                          | 1/6 PDBC 5/6 VCSH                  | 1/6 PDBC 5/6 VCSH                  | 1/6 PDBC 5/6 VCSH                   | VGSH        | VGSH              | VGSH     | VGSH      |
| Sep 2022 | 100% BIL                          | 100% VGSH                          | 100% VGSH                          | 100% VGSH                           | VGSH        | VGSH              | VGSH     | VGSH      |
| Oct 2022 | 100% BIL                          | 100% VGSH                          | 100% VGSH                          | 100% VGSH                           | VGSH        | VGSH              | VGSH     | VGSH      |
| Nov 2022 | 100% BIL                          | 100% VGSH                          | 100% VGSH                          | 100% VGSH                           | VGSH        | VGSH              | VGSH     | VGSH      |
| Dec 2022 | 6% PDBC 6% SGOL 6% VGK 83% BIL    | 1/6 SGOL 2/6 IWB 2/6 IWS 1/6 VCSH  | 1/6 SGOL 2/6 SSO 2/6 IWS 1/6 VCSH  | 1/6 SGOL 2/6 UPRO 2/6 IWS 1/6 VCSH  | IWP         | VXUS              | SSO      | UPRO      |
| Jan 2023 | 100% BIL                          | 1/6 SGOL 2/6 VXUS 3/6 VCSH         | 1/6 SGOL 2/6 VXUS 3/6 VCSH         | 1/6 SGOL 2/6 VXUS 3/6 VCSH          | IWS         | VXUS              | SSO      | UPRO      |
| Feb 2023 | 28% SGOL 28% PDBC 28% VGK 17% BIL | 1/6 SGOL 2/6 IWB 2/6 VXUS 1/6 VCSH | 1/6 SGOL 2/6 SSO 2/6 VXUS 1/6 VCSH | 1/6 SGOL 2/6 UPRO 2/6 VXUS 1/6 VCSH | IWS         | VXUS              | SSO      | UPRO      |

#### For February, here are the investments by strategy:

#### **GPMv**

Scales into and out of it's Risk On universe of ETF's and Safety ETF's. See Fact Sheet for more information.

For the month of February 2023 invest In: 28% SGOL 28% PDBC 28% VGK 17% BIL

#### Triac

May invest 2/6 Russell 1000, 2/6 into best of Russell MidCap Value or Foreign, 1/6th into Gold or Commodities. Otherwise into the best of: Short Term Investment Grade Bonds, Short Term Treasuries, or Intermediate Term Treasuries. For the month of February 2023 invest In: 1/6 SGOL 2/6 IWB 2/6 VXUS 1/6 VCSH

#### Triad+

May invest 2/6 Russell 1000, 2/6 into best of Russell MidCap Value or Foreign, 1/6th into Gold or Commodities. Otherwise into best of: Short Term Invst Grade Bonds, Short Term Treas., or Intm Term Treas. Plus 2X Smart Leverage on IWB portion. For the month of February 2023 invest In: 1/6 SGOL 2/6 SSO 2/6 VXUS 1/6 VCSH

#### Triad++

May invest 2/6 Russell 1000, 2/6 into best of Russell MidCap Value or Foreign, 1/6th into Gold or Commodities. Otherwise into best of: Short Term Invst Grade Bonds, Short Term Treas., or Intm Term Treas. Plus 3X Smart Leverage on IWB portion. For the month of February 2023 invest In: 1/6 SGOL 2/6 SSO 2/6 VXUS 1/6 VCSH

#### **The Russell**

Goes into either Russell: 1000, MidCap Growth, or Russell MidCap Value, Long Term Treasuries when markets are going down, Treasury Duration Limiter may limit treasuries to Short Term. For the month of February 2023 invest In: [IWS] Russell Mid-Cap Value

#### **Global Navigator+**

Invests in US or Foreign, with limited Smart Leverage in USA only, Long Term Treasuries when markets are going down, Treasury Duration Limiter may limit treasuries to Short Term. For the month of February 2023 invest in: [VXUS] All Country World ex-US

#### LT Gain+

Invests into the Russell: 1000 with positive momentum, with Smart Leverage into 2X S&P 500, Long Term Treasuries when markets are going down

For the month of February 2023 invest In: [SSO] 2X S&P 500

#### LT Gain++

Invests into the Russell: 1000 with positive momentum, with Smart Leverage into 3X S&P 500, Extended Duration Treasuries when markets are going down, Treasury Duration Limiter may limit treasuries to Short Term. For the month of February 2023 invest In: [UPRO] 3X S&P 500

#### **Investment Strategies**

#### Rolling 12 Month Returns Through January 31, 2023

| Returns and I | Maximum Dr | awdown:  |            | ←Conserv | ←Conservative |        |         |             |            |          |           |
|---------------|------------|----------|------------|----------|---------------|--------|---------|-------------|------------|----------|-----------|
|               | US Market  | Balanced | Nasdaq 100 |          |               |        |         |             | Global     |          |           |
| Month         | S&P 500    | 60/40    | QQQ        | GPMv     | Triad         | Triad+ | Triad++ | The Russell | Navigator+ | LT Gain+ | LT Gain++ |
| Feb 2022      | -2.95%     | -2.23%   | -4.48%     | -0.05%   | 0.89%         | 0.89%  | 0.89%   | -0.40%      | -0.40%     | -0.40%   | -0.40%    |
| Mar 2022      | 3.76%      | 1.16%    | 4.67%      | 0.05%    | 0.61%         | 0.61%  | 0.61%   | -1.42%      | -1.42%     | -1.42%   | -1.42%    |
| Apr 2022      | -8.78%     | -6.85%   | -13.60%    | -1.12%   | -1.03%        | -1.03% | -1.03%  | -6.04%      | -8.86%     | -8.86%   | -8.86%    |
| May 2022      | 0.23%      | 0.47%    | -1.59%     | 0.03%    | 1.47%         | 1.47%  | 1.47%   | 0.56%       | 0.56%      | 0.56%    | 0.56%     |
| Jun 2022      | -8.25%     | -5.61%   | -8.91%     | 0.08%    | -2.20%        | -2.20% | -2.20%  | -0.59%      | -0.59%     | -0.59%   | -0.59%    |
| Jul 2022      | 9.21%      | 6.48%    | 12.55%     | 0.04%    | -0.21%        | -0.21% | -0.21%  | 0.39%       | 0.39%      | 0.39%    | 0.39%     |
| Aug 2022      | -4.08%     | -3.57%   | -5.13%     | 0.19%    | -1.54%        | -1.54% | -1.54%  | -0.75%      | -0.75%     | -0.75%   | -0.75%    |
| Sep 2022      | -9.24%     | -7.22%   | -10.54%    | 0.21%    | -1.18%        | -1.18% | -1.18%  | -1.18%      | -1.18%     | -1.18%   | -1.18%    |
| Oct 2022      | 8.13%      | 4.41%    | 4.00%      | 0.16%    | -0.14%        | -0.14% | -0.14%  | -0.14%      | -0.14%     | -0.14%   | -0.14%    |
| Nov 2022      | 5.56%      | 4.80%    | 5.54%      | 0.32%    | 0.67%         | 0.67%  | 0.67%   | 0.67%       | 0.67%      | 0.67%    | 0.67%     |
| Dec 2022      | -5.76%     | -3.78%   | -9.01%     | 0.23%    | -3.11%        | -5.13% | -7.09%  | -6.03%      | -2.14%     | -11.83%  | -17.71%   |
| Jan 2023      | 6.29%      | 5.10%    | 10.64%     | 0.28%    | 4.76%         | 4.77%  | 4.79%   | 8.08%       | 8.68%      | 12.22%   | 18.13%    |
| 12 Mo Rtrn:   | -8.18%     | -7.90%   | -18.25%    | 0.42%    | -1.22%        | -3.27% | -5.25%  | -7.29%      | -5.83%     | -12.39%  | -13.93%   |
| Max DD:       | -20.25%    | -16.77%  | -26.12%    | -1.12%   | -7.50%        | -9.43% | -11.30% | -14.22%     | -13.35%    | -21.93%  | -27.14%   |

b/(w) S&P 500:

0.0%

0.3%

-10.1%

8.6%

7.0%

4.9%

2.9%

| \$12,000 — | Rolling 12 Month Returns  |
|------------|---|
|            |   |
| \$6,000 —  | Feb CFD May 2012 May |

| \$10,000 turr | s into:   |           |            | ←Conservative |           |           |           |            |            |           | Aggressive → |
|---------------|-----------|-----------|------------|---------------|-----------|-----------|-----------|------------|------------|-----------|--------------|
|               | US Market | Balanced  | Nasdaq 100 |               |           |           |           |            | Global     |           |              |
| Month         | S&P 500   | 60/40     | QQQ        | GPMv          | Triad     | Triad+    | Triad++   | The Russel | Navigator+ | LT Gain+  | LT Gain++    |
| Starting:     | \$ 10,000 | \$ 10,000 | \$ 10,000  | \$10,000      | \$10,000  | \$10,000  | \$10,000  | \$ 10,000  | \$ 10,000  | \$ 10,000 | \$ 10,000    |
| Feb 2022      | \$ 9,705  | \$ 9,777  | \$ 9,552   | \$ 9,995      | \$10,089  | \$10,089  | \$10,089  | \$ 9,960   | \$ 9,960   | \$ 9,960  | \$ 9,960     |
| Mar 2022      | \$ 10,070 | \$ 9,890  | \$ 9,998   | \$10,000      | \$ 10,150 | \$ 10,150 | \$ 10,150 | \$ 9,819   | \$ 9,819   | \$ 9,819  | \$ 9,819     |
| Apr 2022      | \$ 9,186  | \$ 9,213  | \$ 8,639   | \$ 9,888      | \$10,046  | \$10,046  | \$10,046  | \$ 9,225   | \$ 8,948   | \$ 8,948  | \$ 8,948     |
| May 2022      | \$ 9,207  | \$ 9,256  | \$ 8,502   | \$ 9,891      | \$ 10,194 | \$ 10,194 | \$ 10,194 | \$ 9,277   | \$ 8,999   | \$ 8,999  | \$ 8,999     |
| Jun 2022      | \$ 8,447  | \$ 8,736  | \$ 7,744   | \$ 9,899      | \$ 9,970  | \$ 9,970  | \$ 9,970  | \$ 9,222   | \$ 8,946   | \$ 8,946  | \$ 8,946     |
| Jul 2022      | \$ 9,225  | \$ 9,302  | \$ 8,716   | \$ 9,903      | \$ 9,949  | \$ 9,949  | \$ 9,949  | \$ 9,258   | \$ 8,980   | \$ 8,980  | \$ 8,980     |
| Aug 2022      | \$ 8,849  | \$ 8,970  | \$ 8,269   | \$ 9,922      | \$ 9,796  | \$ 9,796  | \$ 9,796  | \$ 9,189   | \$ 8,913   | \$ 8,913  | \$ 8,913     |
| Sep 2022      | \$ 8,031  | \$ 8,323  | \$ 7,398   | \$ 9,943      | \$ 9,681  | \$ 9,681  | \$ 9,681  | \$ 9,080   | \$ 8,808   | \$ 8,808  | \$ 8,808     |
| Oct 2022      | \$ 8,684  | \$ 8,690  | \$ 7,694   | \$ 9,959      | \$ 9,667  | \$ 9,667  | \$ 9,667  | \$ 9,068   | \$ 8,796   | \$ 8,796  | \$ 8,796     |
| Nov 2022      | \$ 9,167  | \$ 9,107  | \$ 8,120   | \$ 9,991      | \$ 9,732  | \$ 9,732  | \$ 9,732  | \$ 9,128   | \$ 8,854   | \$ 8,854  | \$ 8,854     |
| Dec 2022      | \$ 8,639  | \$ 8,763  | \$ 7,388   | \$ 10,014     | \$ 9,429  | \$ 9,232  | \$ 9,042  | \$ 8,578   | \$ 8,665   | \$ 7,807  | \$ 7,286     |
| Jan 2023      | \$ 9,182  | \$ 9,210  | \$ 8,175   | \$10,042      | \$ 9,878  | \$ 9,673  | \$ 9,475  | \$ 9,271   | \$ 9,417   | \$ 8,761  | \$ 8,607     |

0.9%

2.4%

-4.2%

-5.7%

# Investment Strategies 1980 through January 31, 2023

| Annual retu  | rns:      |           |            | ←Conservative |        |        |         |             |         | Aggressive $\rightarrow$ |           |  |
|--------------|-----------|-----------|------------|---------------|--------|--------|---------|-------------|---------|--------------------------|-----------|--|
|              |           | Benchmark | S          |               |        |        | Dua     | l Momentum  |         |                          |           |  |
|              | US Market | Balanced  | Nasdaq 100 |               |        |        |         |             | Global  |                          |           |  |
| Year End     | S&P 500   | 60/40     | QQQ        | GPMv          | Triad  | Triad+ | Triad++ | The Russell |         | LT Gain+                 | LT Gain++ |  |
| 1980         | 32.49%    | 21.02%    | 33.38%     | 12.65%        | 15.31% | 15.31% | 15.31%  | 37.62%      | 10.46%  | 30.75%                   | 30.75%    |  |
| 1981         | -4.90%    | 0.07%     | -0.63%     | 14.01%        | 8.01%  | 8.01%  | 8.01%   | 8.79%       | 5.88%   | 5.88%                    | 5.88%     |  |
| 1982         | 21.55%    | 25.68%    | 18.20%     | 31.37%        | 25.52% | 32.89% | 41.26%  | 46.30%      | 58.83%  | 58.83%                   | 85.40%    |  |
| 1983         | 22.55%    | 16.21%    | 19.58%     | 7.49%         | 20.34% | 28.99% | 40.64%  | 28.73%      | 37.20%  | 43.75%                   | 68.57%    |  |
| 1984         | 6.25%     | 9.84%     | -13.19%    | 18.76%        | 8.49%  | 8.49%  | 8.49%   | 6.35%       | 8.50%   | 8.50%                    | 8.50%     |  |
| 1985         | 31.23%    | 27.65%    | 32.38%     | 30.22%        | 29.46% | 29.46% | 29.46%  | 24.32%      | 39.52%  | 30.44%                   | 32.07%    |  |
| 1986         | 18.05%    | 17.65%    | 10.83%     | 46.84%        | 24.57% | 24.57% | 24.57%  | 15.91%      | 64.21%  | 16.54%                   | 16.71%    |  |
| 1987         | 4.68%     | 4.81%     | -11.38%    | 21.42%        | 5.18%  | 5.18%  | 5.18%   | -6.94%      | 8.59%   | -4.84%                   | -3.59%    |  |
| 1988         | 16.22%    | 12.64%    | 19.47%     | 9.15%         | 13.66% | 14.67% | 15.67%  | 9.84%       | -5.63%  | 13.87%                   | 19.27%    |  |
| 1989         | 31.38%    | 24.20%    | 19.49%     | 18.20%        | 23.27% | 34.68% | 49.68%  | 26.51%      | 19.41%  | 64.31%                   | 107.68%   |  |
| 1990         | -3.32%    | 1.56%     | -17.55%    | 3.24%         | -5.44% | -5.44% | -5.44%  | -13.84%     | -7.82%  | -10.96%                  | -10.72%   |  |
| 1991         | 30.22%    | 24.30%    | 46.97%     | 13.22%        | 14.97% | 20.97% | 27.79%  | 27.22%      | 38.50%  | 34.64%                   | 51.88%    |  |
| 1992         | 7.40%     | 7.35%     | 21.54%     | 11.06%        | 9.32%  | 9.32%  | 9.32%   | 15.78%      | 8.98%   | 8.98%                    | 11.21%    |  |
| 1993         | 9.58%     | 9.66%     | 15.37%     | 14.43%        | 13.11% | 13.11% | 13.11%  | 12.00%      | 17.02%  | 10.18%                   | 10.18%    |  |
| 1994         | 0.38%     | -0.77%    | -3.66%     | -1.98%        | -1.43% | -1.43% | -1.43%  | -2.85%      | 3.85%   | -3.35%                   | -3.35%    |  |
| 1995         | 38.05%    | 29.81%    | 42.46%     | 25.49%        | 30.61% | 30.61% | 30.61%  | 36.48%      | 37.77%  | 37.77%                   | 37.77%    |  |
| 1996         | 22.51%    | 14.70%    | 23.41%     | 13.58%        | 17.42% | 17.42% | 17.42%  | 6.66%       | 10.21%  | 14.28%                   | 14.28%    |  |
| 1997         | 33.49%    | 23.58%    | 21.27%     | 10.89%        | 19.75% | 19.75% | 19.75%  | 24.03%      | 32.85%  | 32.85%                   | 32.85%    |  |
| 1998         | 28.69%    | 21.01%    | 32.17%     | 17.43%        | 3.77%  | 8.23%  | 13.11%  | 3.13%       | 12.47%  | 12.47%                   | 19.90%    |  |
| 1999         | 20.39%    | 11.65%    | 101.07%    | 22.57%        | 17.32% | 17.49% | 17.18%  | 42.48%      | 31.50%  | 19.71%                   | 24.16%    |  |
| 2000         | -9.74%    | -1.49%    | -36.11%    | 13.90%        | 15.67% | 15.68% | 15.69%  | 13.76%      | 9.56%   | 13.85%                   | 17.60%    |  |
| 2001         | -11.75%   | -3.81%    | -33.34%    | 7.04%         | 2.82%  | 2.80%  | 2.77%   | 3.56%       | 3.56%   | 3.56%                    | 3.07%     |  |
| 2002         | -21.59%   | -9.80%    | -37.37%    | 15.38%        | 8.79%  | 4.95%  | 0.89%   | 9.12%       | 16.83%  | 2.44%                    | 1.38%     |  |
| 2003         | 28.16%    | 18.19%    | 49.67%     | 13.95%        | 23.85% | 32.41% | 42.86%  | 43.24%      | 70.84%  | 74.69%                   | 126.58%   |  |
| 2004         | 10.71%    | 8.00%     | 10.54%     | 12.60%        | 13.40% | 16.58% | 19.92%  | 23.22%      | 21.32%  | 25.59%                   | 40.20%    |  |
| 2005         | 4.83%     | 3.87%     | 1.57%      | 12.64%        | 7.36%  | 7.17%  | 7.07%   | 5.95%       | 4.18%   | -2.76%                   | -5.30%    |  |
| 2006         | 15.84%    | 10.95%    | 7.14%      | 14.52%        | 16.36% | 16.97% | 17.63%  | 17.37%      | 21.72%  | 14.25%                   | 14.25%    |  |
| 2007         | 5.14%     | 5.94%     | 19.02%     | 12.34%        | 12.89% | 12.89% | 12.89%  | 9.31%       | 21.66%  | 6.43%                    | 6.90%     |  |
| 2008         | -36.81%   | -21.86%   | -41.73%    | 13.84%        | -1.18% | -1.18% | -1.18%  | 3.16%       | 3.16%   | 3.16%                    | 2.49%     |  |
| 2009         | 26.38%    | 18.66%    | 54.68%     | 7.60%         | 24.23% | 34.73% | 46.58%  | 31.19%      | 41.50%  | 63.01%                   | 99.25%    |  |
| 2010         | 15.06%    | 12.04%    | 20.14%     | 17.42%        | 14.04% | 20.81% | 29.11%  | 16.24%      | 5.23%   | 18.12%                   | 29.53%    |  |
| 2011         | 1.88%     | 4.38%     | 3.47%      | 28.81%        | 8.52%  | 9.18%  | 9.86%   | 32.68%      | 28.96%  | 33.18%                   | 57.58%    |  |
| 2012         | 16.00%    | 11.39%    | 18.12%     | 0.02%         | 7.19%  | 8.68%  | 9.92%   | 19.12%      | 36.13%  | 31.05%                   | 46.82%    |  |
| 2013         | 32.31%    | 17.44%    | 36.63%     | 11.81%        | 16.74% | 16.74% | 16.74%  | 35.27%      | 21.76%  | 32.78%                   | 32.78%    |  |
| 2014         | 13.48%    | 10.56%    | 19.18%     | 9.03%         | 7.59%  | 7.59%  | 7.59%   | 10.30%      | 9.91%   | 13.07%                   | 13.07%    |  |
| 2015         | 1.26%     | 1.11%     | 9.45%      | -7.24%        | -2.46% | -2.46% | -2.46%  | -2.85%      | -9.14%  | -3.96%                   | -3.96%    |  |
| 2016         | 12.00%    | 8.34%     | 7.10%      | 4.33%         | 9.49%  | 9.49%  | 9.49%   | 12.30%      | 9.65%   | 7.86%                    | 8.78%     |  |
| 2017         | 21.71%    | 14.26%    | 32.66%     | 14.84%        | 14.18% | 14.18% | 14.18%  | 21.78%      | 20.03%  | 21.53%                   | 21.53%    |  |
| 2018         | -4.56%    | -2.47%    | -0.12%     | 2.78%         | 0.67%  | 0.67%  | 0.67%   | 6.48%       | 3.71%   | 3.71%                    | 3.71%     |  |
| 2019         | 31.23%    | 21.98%    | 38.96%     | 8.81%         | 9.32%  | 9.32%  | 9.32%   | 8.37%       | 9.67%   | 9.67%                    | 9.45%     |  |
| 2020         | 18.39%    | 14.93%    | 48.40%     | 13.95%        | 20.11% | 28.01% | 37.47%  | 26.71%      | 44.50%  | 46.54%                   | 76.21%    |  |
| 2020         | 28.76%    | 15.74%    | 27.42%     | 9.36%         | 18.84% | 23.96% | 30.07%  | 25.38%      | 21.12%  | 41.12%                   | 55.90%    |  |
| 2021         | -18.17%   | -15.86%   | -32.58%    | -1.90%        | -7.74% | -9.67% | -11.54% | -19.05%     | -18.23% | -26.33%                  | -31.24%   |  |
| 2022         | 6.29%     | 5.10%     | 10.64%     | 0.28%         | 4.76%  | 4.77%  | 4.79%   | 8.08%       | 8.68%   | 12.22%                   | 18.13%    |  |
|              |           |           |            |               |        |        |         |             |         |                          |           |  |
| +/- S&P YTD: |           | -1.2%     | 4.4%       | -6.0%         | -1.5%  | -1.5%  | -1.5%   | 1.8%        | 2.4%    | 5.9%                     | 11.8%     |  |
| CAGR         | 11.5%     | 9.8%      | 11.4%      | 13.0%         | 12.1%  | 13.8%  | 15.6%   | 15.5%       | 18.0%   | 18.4%                    | 24.2%     |  |



# **Strategy Fact Sheets**

#### **Dual Momentum Strategies: Generalized Protective Momentum variant aka GPMv**

A variation on Generalized Protective Momentum [GPM] by JW Keuning and Wouter Keller. Details: https://tinyurl.com/28ukds2s

Results through 01/31/2023

#### Investment selection for February 2023:

28% SGOL 28% PDBC 28% VGK 17% BIL

#### **Tax friendliness:**

**GPMv** is assumed to be mostly short term gains.

#### Months between change of holdings

**GPMv** has change of investments most months.

#### Portfolio size appropriateness:

Whale, GPMvcan be used for any sized portfolio.

#### **Characteristics:**

Drawdowns: GPMv has far more conservative drawdowns than a 60/40.

Volatility: **GPMv** is much usually less volatile than a 60/40.

Returns: GPMv has superior historical returns compared to a 60/40.

Leverage: **GPMv** never uses any leverage.

#### **Strategy Description:**

**GPMv** uses fast acting weighted lookbacks and ETF performance correlations to scale into and out of it's Risk Off (Safety) holdings (VGSH, VGIT, and BIL) and into a universe of 11 Risk On ETF's. This is a very protective strategy with very low maximum drawdowns, however, it is also a strategy which can provide market like returns over a full market cycle. It has extremely low volatility (UlcerIndex) and very high risk adjusted metrics.

#### **Strategy Components**

Can be seen in the 1980+ Time & Profit Contribution chart below.

| Metric | 2000+ | 1980+  |
|--------|-------|--------|
| Beta   | 0.05  | 0.13   |
| Alpha  | 9.32% | 11.17% |

#### Annualized Returns, actual YTD for current year.

| Investment     | YTD   | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+  |
|----------------|-------|--------|--------|--------|---------|-------|--------|
| <b>GPM</b> v   | 0.28% | 0.42%  | 5.44%  | 5.58%  | 6.09%   | 9.99% | 12.96% |
| Balanced 60/40 | 5.10% | -7.90% | 5.26%  | 6.33%  | 8.26%   | 5.78% | 9.84%  |
| S&P 500        | 6.29% | -8.18% | 9.87%  | 9.47%  | 12.59%  | 6.45% | 11.47% |

#### Maximum Drawdrown, single largest drawdown.

| Investment     | YTD | 1 Year  | 3 Year  | 5 Year  | 10 Year | 2000+   | 1980+   |
|----------------|-----|---------|---------|---------|---------|---------|---------|
| GPMv           | 0   | -1.12%  | -4.92%  | -4.92%  | -10.75% | -10.75% | -10.75% |
| Balanced 60/40 | 0   | -16.77% | -20.09% | -20.09% | -20.09% | -32.33% | -32.33% |
| S&P 500        | 0   | -20.25% | -23.92% | -23.92% | -23.92% | -50.79% | -50.79% |

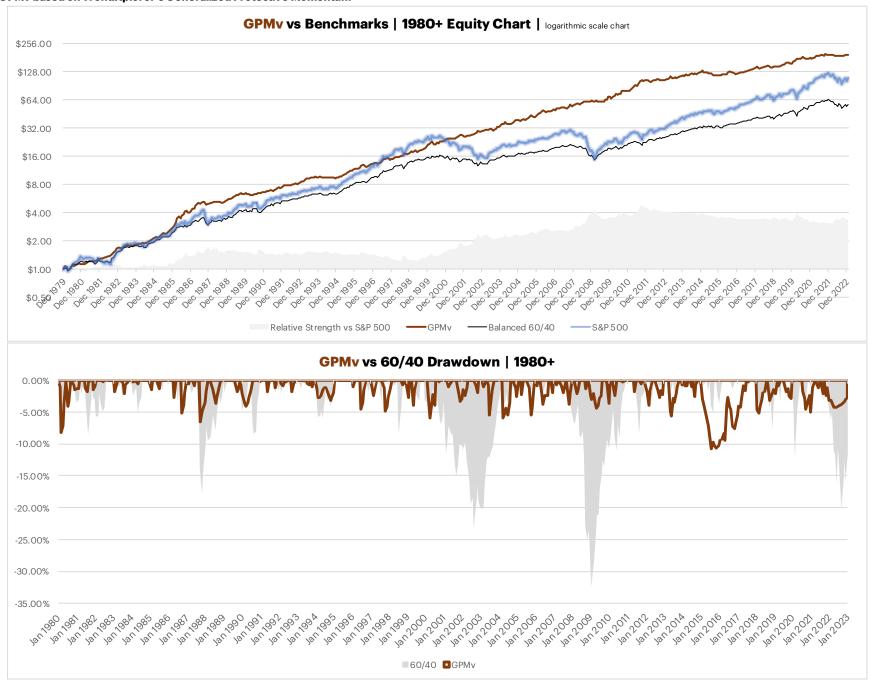
Ulcer Index, higher the number the more painful downside volatility. Considers all downside not just maximum.

| Investment     | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|----------------|-----|--------|--------|--------|---------|-------|-------|
| <b>GPM</b> v   | -   | 0.65   | 2.64   | 2.53   | 3.99    | 3.01  | 2.46  |
| Balanced 60/40 | -   | 9.55   | 7.94   | 6.38   | 4.61    | 7.93  | 6.18  |
| S&P 500        | -   | 11.08  | 9.67   | 8.02   | 5.88    | 16.70 | 12.95 |

| Investment     | YTD    | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|----------------|--------|--------|--------|--------|---------|-------|-------|
| <b>GPM</b> v   | (3.46) | (2.38) | 0.24   | 0.26   | 0.36    | 1.16  | 1.85  |
| Balanced 60/40 | N/A    | (0.84) | 0.15   | 0.26   | 0.57    | 0.22  | 0.82  |
| S&P 500        | N/A    | (0.58) | 0.49   | 0.48   | 0.85    | 0.26  | 0.72  |



#### **GPMv** based on TrendXplorer's Generalized Protective Momentum



US Markets and Gold Rotational Strategy with mutliple out of market options

#### Investment selection for February 2023:

28% SGOL 28% PDBC 28% VGK 17% BIL

#### **Tax friendliness:**

Triad is tax friendly, mostly Long Term Cap Gains.

#### Months between change of holdings

Triad has a change to one of it's holdings every 1.67 months on average.

#### Portfolio size appropriateness:

Whale, Triad can be used for any sized portfolio.

#### **Characteristics:**

Drawdowns: Triad has more conservative drawdowns than a Balanced 60/40 strategy

Volatility: Triad is noticeably less volatile than a Balanced 60/40 approach

Returns: Triad has similar historical returns depending on the time frame, and should do better going forward.

#### **Strategy Description:**

Triad was created as a better option than a 60/40 portfolio for the future. Triad may invest: 1/6 into Gold or Commodities, 2/6 into the Russell 1000, 2/6 into the Russell Mid-Cap Value or International, a minimum of 1/6 (and any amounts not invested into the previous mentioned buckets) will be invested into the best performer of; Short Term Treasuries, Intermediate Term Treasuries, and Short Term Corporate Investment Grade Bonds. Triad has average leverage of 100%, and maximum leverage of 100%.

#### **Strategy Components**

IWB Russell 1000, IWS Rusell MidCap Value, SGOL Gold, PDBC Commodities

VCSH Short Term Corporate Investment Grade Bonds

**VGSH Short Term Treasuries** 

**VGIT Intermediate Term Treasuries** 

| Metric | 2000+ | 1980+ |
|--------|-------|-------|
| Beta   | 0.25  | 0.35  |
| Alpha  | 8.43% | 7.82% |

#### Annualized Returns actual YTD for current year.

| Investment     | YTD   | 1 Year | 3 Year | 5 Year | 10 Year | 2000+  | 1980+  |
|----------------|-------|--------|--------|--------|---------|--------|--------|
| Triad          | 4.76% | -1.22% | 11.38% | 7.82%  | 8.48%   | 10.35% | 12.12% |
| Balanced 60/40 | 5.10% | -7.90% | 5.26%  | 6.33%  | 8.26%   | 5.78%  | 9.84%  |
| S&P 500        | 6.29% | -8.18% | 9.87%  | 9.47%  | 12.59%  | 6.45%  | 11.47% |

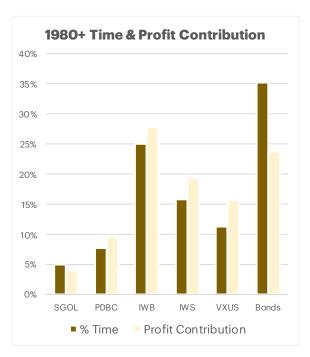
#### Maximum Drawdrown, single largest drawdown.

| Investment     | YTD | 1 Year  | 3 Year  | 5 Year  | 10 Year | 2000+   | 1980+   |
|----------------|-----|---------|---------|---------|---------|---------|---------|
| Triad          | 0   | -7.50%  | -9.57%  | -9.57%  | -9.57%  | -9.57%  | -15.47% |
| Balanced 60/40 | 0   | -16.77% | -20.09% | -20.09% | -20.09% | -32.33% | -32.33% |
| S&P 500        | 0   | -20.25% | -23.92% | -23.92% | -23.92% | -50.79% | -50.79% |

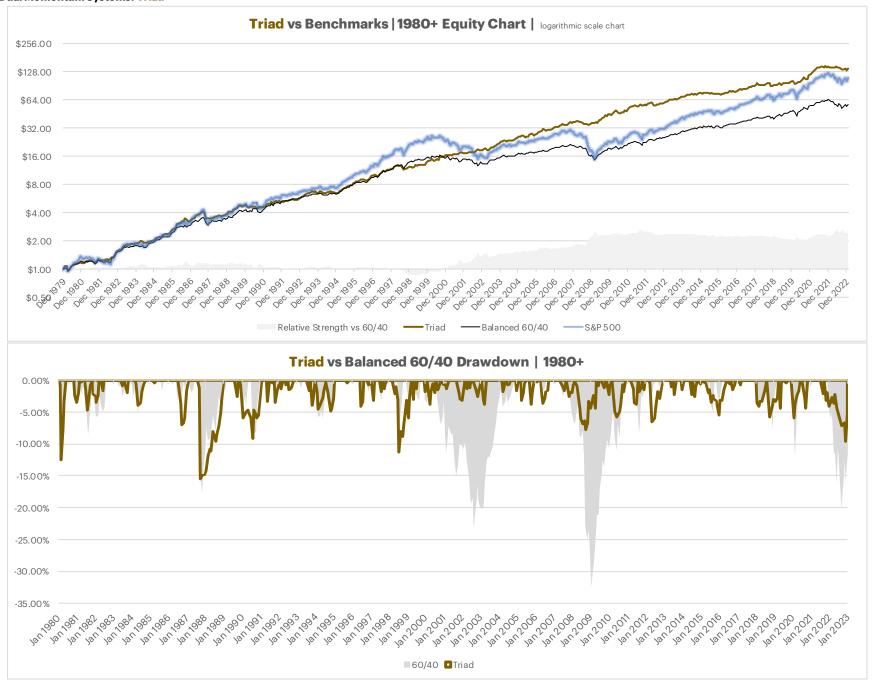
Ulcer Index the higher the number the more painful downside volatility. Considers all downside not just maximum.

| Investment     | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|----------------|-----|--------|--------|--------|---------|-------|-------|
| Triad          | -   | 3.57   | 3.66   | 3.37   | 2.62    | 2.45  | 3.14  |
| Balanced 60/40 | -   | 9.55   | 7.94   | 6.38   | 4.61    | 7.93  | 6.18  |
| S&P 500        | -   | 11.08  | 9.67   | 8.02   | 5.88    | 16.70 | 12.95 |

| Investment     | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|----------------|-----|--------|--------|--------|---------|-------|-------|
| Triad          | N/A | (1.06) | 1.16   | 0.57   | 0.82    | 1.22  | 1.35  |
| Balanced 60/40 | N/A | (0.84) | 0.15   | 0.26   | 0.57    | 0.22  | 0.82  |
| S&P 500        | N/A | (0.58) | 0.49   | 0.48   | 0.85    | 0.26  | 0.72  |



#### **Dual Momentum Systems: Triad**



US Markets and Gold Rotational Strategy with mutliple out of market options

#### **Investment selection for February 2023:**

1/6 SGOL 2/6 IWB 2/6 VXUS 1/6 VCSH

#### **Tax friendliness:**

Triad+is tax friendly, mostly Long Term Cap Gains.

#### Months between change of holdings:

Triad has a change to one of it's holdings every 1.67 months on average.

#### Portfolio size appropriateness:

Whale, Triad can be used for any sized portfolio.

#### **Characteristics:**

Drawdowns: Triad+has more conservative drawdowns than a Balanced 60/40 strategy

Volatility: Triad+is noticeably less volatile than a Balanced 60/40 approach

Returns: Triad+has similar historical returns depending on the time frame, and should do better going forward.

Leverage: Triad has average leverage of 108%, and maximum leverage of 133%.

#### Strategy Description:

Triad+ was created as a better option than a 60/40 portfolio for the future. Triad+ is more moderate by adding Smart Leverage to Triad, if there is a month end drawdown of 15% or greater, when going back into 2/6 position of Russell 1000 Triad+ will instead go into 2X S&P, SSO, until there is a natural change of investment up to 12 months. Triad has average leverage of 108%, and maximum leverage of 133%.

#### **Strategy Components**

IWB Russell 1000, SSO 2X Smart Leverage
IWS Rusell MidCap Value, SGOL Gold, PDBC Commodities
VCSH Short Term Corporate Investment Grade Bonds
VGSH Short Term Treasuries
VGIT Intermediate Term Treasuries

| Metric | 2000+ | 1980+ |
|--------|-------|-------|
| Beta   | 0.32  | 0.42  |
| Alpha  | 9.52% | 8.77% |

#### **Annualized Returns**actual YTD for current year.

| Investment     | YTD   | 1 Year | 3 Year | 5 Year | 10 Year | 2000+  | 1980+  |
|----------------|-------|--------|--------|--------|---------|--------|--------|
| Triad+         | 4.77% | -3.27% | 14.57% | 9.67%  | 9.41%   | 11.82% | 13.75% |
| Triad          | 4.76% | -1.22% | 11.38% | 7.82%  | 8.48%   | 10.35% | 12.12% |
| Balanced 60/40 | 5.10% | -7.90% | 5.26%  | 6.33%  | 8.26%   | 5.78%  | 9.84%  |

#### **Maximum Drawdrown** single largest drawdown.

| Investment     | YTD | 1 Year  | 3 Year  | 5 Year  | 10 Year | 2000+   | 1980+   |
|----------------|-----|---------|---------|---------|---------|---------|---------|
| Triad+         | 0   | -9.43%  | -11.33% | -11.33% | -11.33% | -11.33% | -15.47% |
| Triad          | 0   | -7.50%  | -9.57%  | -9.57%  | -9.57%  | -9.57%  | -15.47% |
| Balanced 60/40 | 0   | -16.77% | -20.09% | -20.09% | -20.09% | -32.33% | -32.33% |

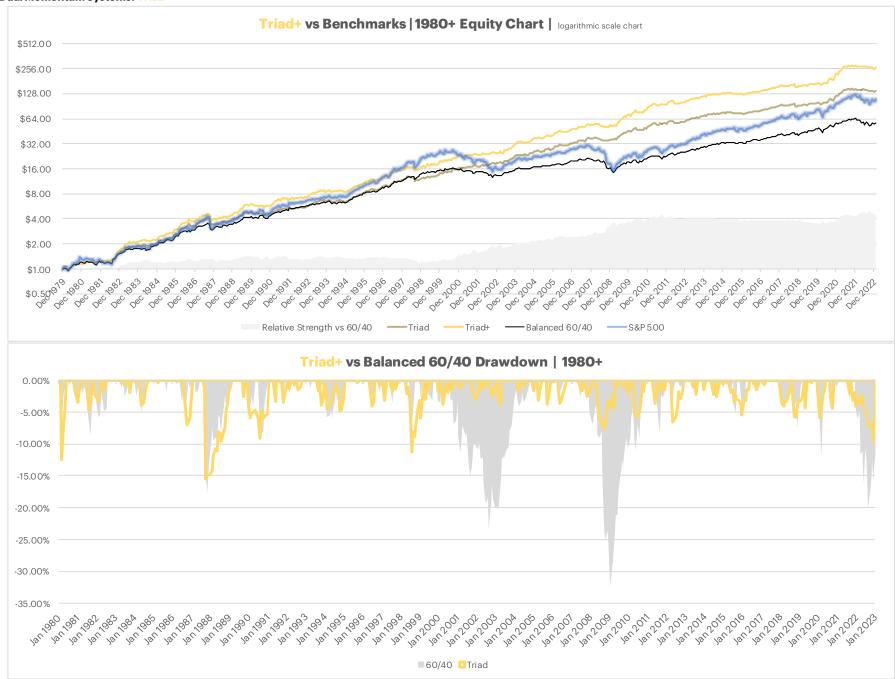
**Ulcer Index** the higher the number the more painful downside volatility. Considers all downside not just maximum.

| Investment     | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|----------------|-----|--------|--------|--------|---------|-------|-------|
| Triad+         | -   | 4.06   | 3.97   | 3.58   | 2.75    | 2.77  | 3.26  |
| Triad          | -   | 3.57   | 3.66   | 3.37   | 2.62    | 2.45  | 3.14  |
| Balanced 60/40 | -   | 9.55   | 7.94   | 6.38   | 4.61    | 7.93  | 6.18  |

| Investment     | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|----------------|-----|--------|--------|--------|---------|-------|-------|
| Triad+         | N/A | (1.12) | 1.46   | 0.82   | 0.94    | 1.36  | 1.52  |
| Triad          | N/A | (1.06) | 1.16   | 0.57   | 0.82    | 1.22  | 1.35  |
| Balanced 60/40 | N/A | (0.84) | 0.15   | 0.26   | 0.57    | 0.22  | 0.82  |



#### **Dual Momentum Systems: Triad+**



US Markets and Gold Rotational Strategy with mutliple out of market options

#### **Investment selection for February 2023:**

1/6 SGOL 2/6 SSO 2/6 VXUS 1/6 VCSH

#### Tax friendliness:

Triad++ is tax friendly, mostly Long Term Cap Gains.

#### Months between change of holdings:

Triad has a change to one of it's holdings every 1.67 months on average.

#### Portfolio size appropriateness:

Whale, Triad can be used for any sized portfolio.

#### Characteristics:

Drawdowns: Triad++ has more conservative drawdowns than a Balanced 60/40 strategy

Volatility: Triad++ is noticeably less volatile than a Balanced 60/40 approach

Returns: Triad++ has similar historical returns depending on the time frame, and should do better going forward.

Leverage: Triad has average leverage of 117%, and maximum leverage of 167%.

#### **Strategy Description:**

Triad++ was created as a better option than a 60/40 portfolio for the future. Triad++ is more aggressive by adding Smart Leverage to Triad, if there is a month end drawdown of 15% or greater, when going back into 2/6 position of Russell 1000 Triad++ will instead go into 3X S&P, UPRO, until there is a natural change of investment up to 12 months. Triad has average leverage of 117%, and maximum leverage of 167%.

#### **Strategy Components**

IWB Russell 1000, UPRO 3X Smart Leverage IWS Rusell MidCap Value, SGOL Gold, PDBC Commodities VCSH Short Term Corporate Investment Grade Bonds **VGSH Short Term Treasuries VGIT Intermediate Term Treasuries** 

| Metric | 2000+ | 1980+ |
|--------|-------|-------|
| Beta   | 0.32  | 0.42  |
| Alpha  | 9.52% | 8.77% |

#### Annualized Returns actual YTD for current year.

| Investment     | YTD   | 1 Year | 3 Year | 5 Year | 10 Year | 2000+  | 1980+  |
|----------------|-------|--------|--------|--------|---------|--------|--------|
| Triad++        | 4.79% | -5.25% | 18.40% | 11.85% | 10.49%  | 13.46% | 15.60% |
| Triad+         | 4.77% | -3.27% | 14.57% | 9.67%  | 9.41%   | 11.82% | 13.75% |
| Balanced 60/40 | 5.10% | -7.90% | 5.26%  | 6.33%  | 8.26%   | 5.78%  | 9.84%  |

#### Maximum Drawdrown single largest drawdown.

| Investment     | YTD | 1 Year  | 3 Year  | 5 Year  | 10 Year | 2000+   | 1980+   |
|----------------|-----|---------|---------|---------|---------|---------|---------|
| Triad++        | 0   | -11.30% | -13.03% | -13.03% | -13.03% | -13.03% | -15.47% |
| Triad+         | 0   | -9.43%  | -11.33% | -11.33% | -11.33% | -11.33% | -15.47% |
| Balanced 60/40 | 0   | -16.77% | -20.09% | -20.09% | -20.09% | -32.33% | -32.33% |

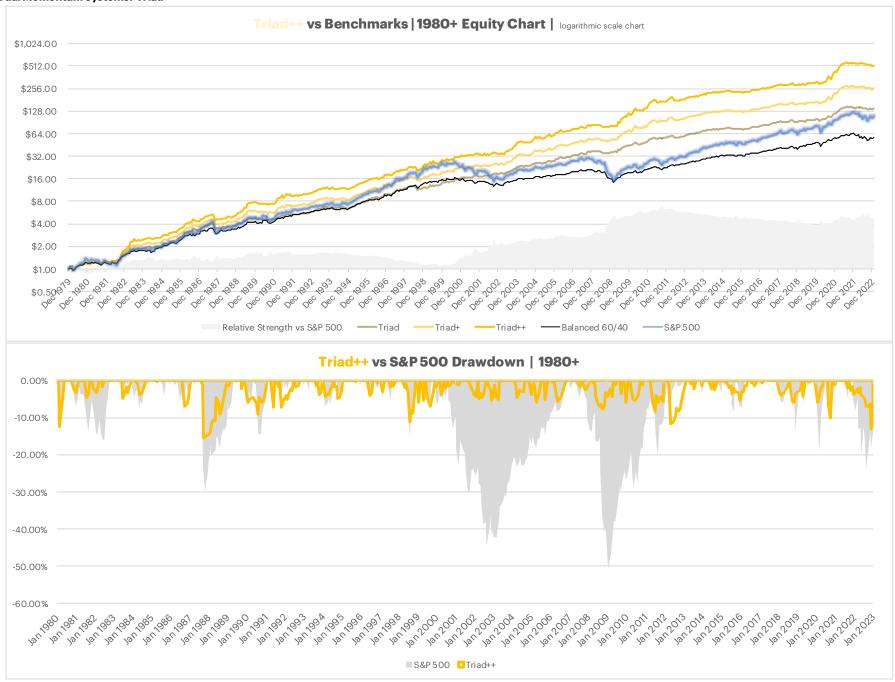
Ulcer Index the higher the number the more painful downside volatility. Considers all downside not just maximum.

| Investment     | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|----------------|-----|--------|--------|--------|---------|-------|-------|
| Triad++        | =   | 4.62   | 4.38   | 3.86   | 2.94    | 3.33  | 3.59  |
| Triad+         | -   | 4.06   | 3.97   | 3.58   | 2.75    | 2.77  | 3.26  |
| Balanced 60/40 | -   | 9.55   | 7.94   | 6.38   | 4.61    | 7.93  | 6.18  |

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|---------------------------------|---------------------|----------------|---------------|--------|---------|-------|-------|
| Investment                      | YTD                 | 1 Year         | 3 Year        | 5 Year | 10 Year | 2000+ | 1980+ |
| Triad++                         | N/A                 | (1.13)         | 1.71          | 1.04   | 1.06    | 1.45  | 1.65  |
| Triad+                          | N/A                 | (1.12)         | 1.46          | 0.82   | 0.94    | 1.36  | 1.52  |
| Balanced 60/40                  | N/A                 | (0.84)         | 0.15          | 0.26   | 0.57    | 0.22  | 0.82  |



#### **Dual Momentum Systems: Triad++**



#### **Dual Momentum Strategies: The Russell**

USA Momentum Rotational Results through 01/31/2023

#### **Investment selection for February 2023:**

IWS, Russell Mid-Cap Value

#### **Tax friendliness:**

The Russell has mostly Short Term Cap Gains.

#### Months between change of holdings

The Russell changes it's holdings every 3.2 months on average.

#### Portfolio size appropriateness:

Whale, The Russell can be used for any sized portfolio.

#### **Characteristics:**

Drawdowns: The Russell has more conservative drawdowns than the S&P.

Volatility: The Russell is usually less volatile than the S&P over time.

Returns: The Russell has much better historical returns compared to the S&P 500.

Leverage: The Russell never uses any leverage.

#### **Strategy Description:**

The Russell invests in the United States, going into the best performer of the Russell 1000, Russell MidCap Growth, or Russell MidCap Value. When these markets aren't experiencing positive momentum the strategy goes into Long Term Treasuries, or into Short Duration Treasuries if the Treasury Duration Limiter kicks in. The Russell has an average leverage of 100%, and a maximum leverage of 100% (meaning no leverage at all, 100% being the nominal position.)

#### **Strategy Components**

IWB Russell 1000

IWP Russell MidCap Growth

IWS Russell MidCap Value

TLT Long Term Treasuries, or VGSH with Treasury Duration Limiter

| Metric | 2000+  | 1980+ |
|--------|--------|-------|
| Beta   | 0.29   | 0.50  |
| Alpha  | 12.72% | 9.55% |

#### Annualized Returnsactual YTD for current year.

| Investment     | YTD   | 1 Year | 3 Year | 5 Year | 10 Year | 2000+  | 1980+  |
|----------------|-------|--------|--------|--------|---------|--------|--------|
| The Russell    | 8.08% | -7.29% | 11.56% | 8.72%  | 11.46%  | 14.84% | 15.48% |
| Balanced 60/40 | 5.10% | -7.90% | 5.26%  | 6.33%  | 8.26%   | 5.78%  | 9.84%  |
| S&P 500        | 6.29% | -8.18% | 9.87%  | 9.47%  | 12.59%  | 6.45%  | 11.47% |

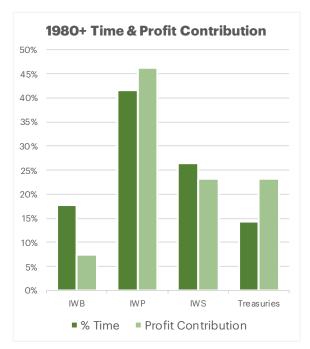
#### Maximum Drawdrown, single largest drawdown.

| Investment     | YTD | 1 Year  | 3 Year  | 5 Year  | 10 Year | 2000+   | 1980+   |
|----------------|-----|---------|---------|---------|---------|---------|---------|
| The Russell    | 0   | -14.22% | -19.46% | -19.46% | -19.46% | -19.46% | -23.41% |
| Balanced 60/40 | 0   | -16.77% | -20.09% | -20.09% | -20.09% | -32.33% | -32.33% |
| S&P 500        | 0   | -20.25% | -23.92% | -23.92% | -23.92% | -50.79% | -50.79% |

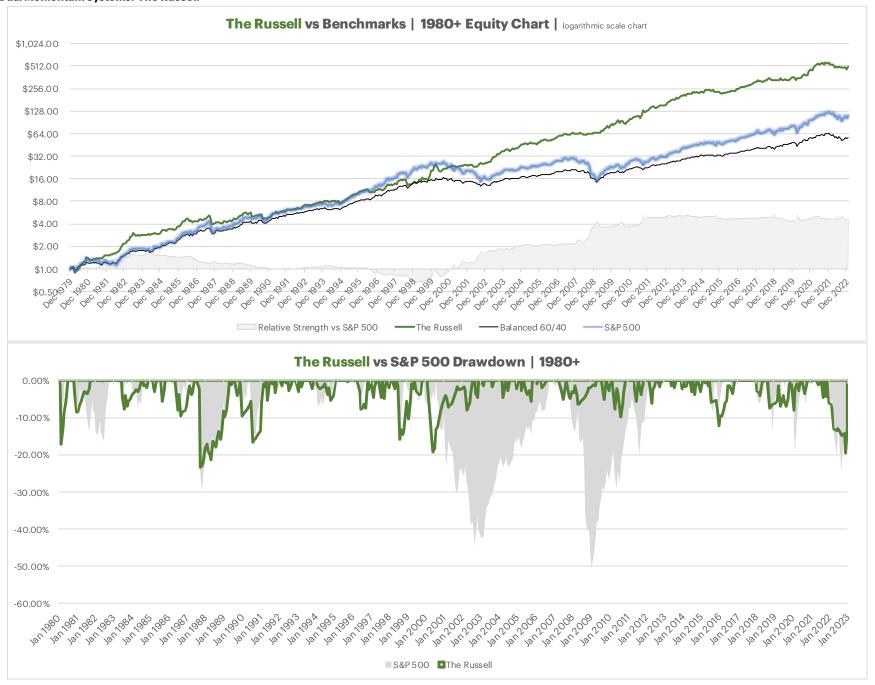
**Ulcer Index** the higher the number the more painful downside volatility. Considers all downside not just maximum.

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|--------------------------|-----------------|--------------|------------------|----------------|-----------------|----------------|--------------------|
| Investment               | YTD             | 1 Year       | 3 Year           | 5 Year         | 10 Year         | 2000+          | 1980+              |
| The Russell              | -               | 7.84         | 7.99             | 6.85           | 5.44            | 4.87           | 5.76               |
| Balanced 60/40           | -               | 9.55         | 7.94             | 6.38           | 4.61            | 7.93           | 6.18               |
| S&P 500                  | -               | 11.08        | 9.67             | 8.02           | 5.88            | 16.70          | 12.95              |

| Investment     | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|----------------|-----|--------|--------|--------|---------|-------|-------|
| The Russell    | N/A | (1.20) | 0.81   | 0.55   | 0.96    | 1.43  | 1.29  |
| Balanced 60/40 | N/A | (0.84) | 0.15   | 0.26   | 0.57    | 0.22  | 0.82  |
| S&P 500        | N/A | (0.58) | 0.49   | 0.48   | 0.85    | 0.26  | 0.72  |



#### **Dual Momentum Systems: The Russell**



#### **Dual Momentum Strategies: Global Navigator+**

Global Momentum Rotational Strategy using Smart Leverage

Results through 01/31/2023

#### **Investment selection for February 2023:**

VXUS, All Country World ex-US

#### **Tax friendliness:**

Global Navigator+ has mostly Short Term Cap Gains.

#### Months between change of holdings

Global Navigator+ changes it's holdings every 3.9 months on average.

#### Portfolio size appropriateness:

Whale, Global Navigator+ can be used for any sized portfolio.

#### **Characteristics:**

Drawdowns: Global Navigator+ has more conservative drawdowns than the S&P.

Volatility: Global Navigator+ is usually less volatile than the S&P over time.

Returns: Global Navigator+ has superior historical returns compared to the S&P 500.

Leverage: Global Navigator+ has a maximum leverage of 200% and average leverage of: 109%

#### Strategy Description:

**Global Navigator+** is a global strategy, investing in the USA when it is outperforming, and in Foreign markets when they outperform. This strategy uses Smart Leverage, after an outsized drawdown in the markets, could go into 2X Leveraged equities if the USA Markets are the investment, not if going into Foreign Markets. When it goes into 2X leveraged position, it holds it until there is a natural change of investment by the strategy. The strategy holds long term treasuries when out of equities.

#### **Strategy Components**

IWB Russell 1000 → Smart Leverage: SSO 2X S&P 500 VXUS All World Country ex-USA

TLT Long Term Treasuries, or VGSH with Treasury Duration Limiter

| Metric | 2000+  | 1980+  |
|--------|--------|--------|
| Beta   | 0.36   | 0.50   |
| Alpha  | 13.67% | 12.12% |

#### Annualized Returns actual YTD for current year.

| Investment        | YTD   | 1 Year | 3 Year | 5 Year | 10 Year | 2000+  | 1980+  |
|-------------------|-------|--------|--------|--------|---------|--------|--------|
| Global Navigator+ | 8.68% | -5.83% | 15.82% | 10.91% | 10.71%  | 16.26% | 18.03% |
| Balanced 60/40    | 5.10% | -7.90% | 5.26%  | 6.33%  | 8.26%   | 5.78%  | 9.84%  |
| S&P 500           | 6.29% | -8.18% | 9.87%  | 9.47%  | 12.59%  | 6.45%  | 11.47% |

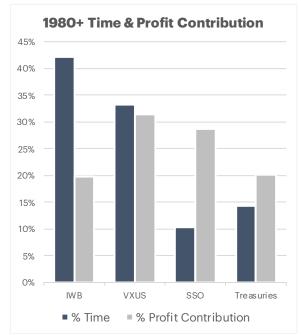
#### Maximum Drawdrown single largest drawdown.

| Investment        | YTD | 1 Year  | 3 Year  | 5 Year  | 10 Year | 2000+   | 1980+   |
|-------------------|-----|---------|---------|---------|---------|---------|---------|
| Global Navigator+ | 0   | -13.35% | -18.23% | -18.23% | -18.23% | -18.23% | -22.80% |
| Balanced 60/40    | 0   | -16.77% | -20.09% | -20.09% | -20.09% | -32.33% | -32.33% |
| S&P 500           | 0   | -20.25% | -23.92% | -23.92% | -23.92% | -50.79% | -50.79% |

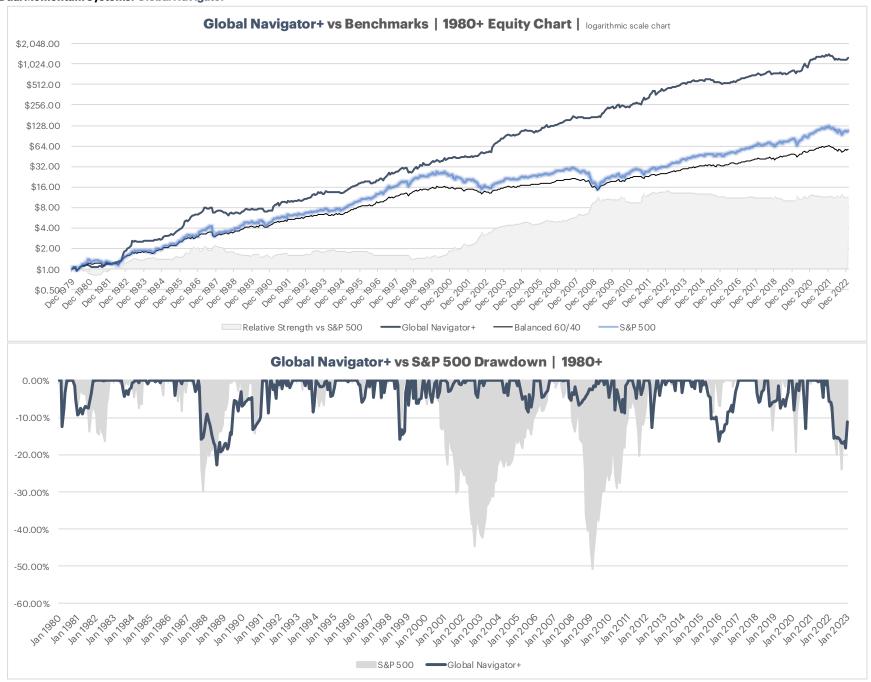
Ulcer Index the higher the number the more painful downside volatility. Considers all downside not just maximum.

| Investment               | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|--------------------------|-----|--------|--------|--------|---------|-------|-------|
| <b>Global Navigator+</b> | -   | 9.52   | 8.93   | 7.56   | 6.76    | 5.04  | 5.62  |
| Balanced 60/40           | -   | 9.55   | 7.94   | 6.38   | 4.61    | 7.93  | 6.18  |
| S&P 500                  | -   | 11.08  | 9.67   | 8.02   | 5.88    | 16.70 | 12.95 |

| Investment        | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|-------------------|-----|--------|--------|--------|---------|-------|-------|
| Global Navigator+ | N/A | (0.97) | 1.15   | 0.75   | 0.83    | 1.59  | 1.68  |
| Balanced 60/40    | N/A | (0.84) | 0.15   | 0.26   | 0.57    | 0.22  | 0.82  |
| S&P 500           | N/A | (0.58) | 0.49   | 0.48   | 0.85    | 0.26  | 0.72  |



#### **Dual Momentum Systems: Global Navigator+**



Single Momentum Strategy using Smart Leverage

#### Investment selection for February 2023:

SSO, 2X S&P 500

#### **Tax friendliness:**

LT Gain+ has mostly Long Term Cap Gains.

#### Months between change of holdings

LT Gain+ changes it's holdings every 5.9 months on average.

#### Portfolio size appropriateness:

Whale, LT Gain+ can be used for any sized portfolio.

#### **Characteristics:**

Drawdowns: LT Gain+ has more conservative drawdowns than the S&P.

Volatility: LT Gain+ is usually less volatile than the S&P over time.

Returns: LT Gain+ has superior historical returns compared to the S&P 500.

Leverage: LT Gain+ has a maximum leverage of 200% and average leverage of: 123%

#### **Strategy Description:**

LT Gain+ invests in the United States, when the Russell 1000 shows positive momentum it invests in it. When these markets aren't experiencing positive momentum the strategy goes into Long Term Treasuries. This strategy uses Smart Leverage and goes into 2X S&P 500 after an outsized drawdown in the markets and will hold that position for up to 1 full year at whick point it would go back into the Russell 1000 with positive momentum.

#### **Strategy Components**

IWB Russell 1000 → Smart Leverage: SSO 2X S&P 500
TLT Long Term Treasuries, or VGSH with Treasury Duration Limiter

| Metric | 2000+  | 1980+  |
|--------|--------|--------|
| Beta   | 0.49   | 0.66   |
| Alpha  | 13.95% | 10.66% |

#### Annualized Returnsactual YTD for current year.

| Investment     | YTD    | 1 Year  | 3 Year | 5 Year | 10 Year | 2000+  | 1980+  |
|----------------|--------|---------|--------|--------|---------|--------|--------|
| LT Gain+       | 12.22% | -12.39% | 19.53% | 13.03% | 13.31%  | 17.32% | 18.37% |
| Balanced 60/40 | 5.10%  | -7.90%  | 5.26%  | 6.33%  | 8.26%   | 5.78%  | 9.84%  |
| S&P 500        | 6.29%  | -8.18%  | 9.87%  | 9.47%  | 12.59%  | 6.45%  | 11.47% |

#### Maximum Drawdrown single largest drawdown.

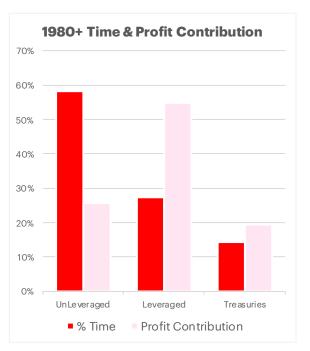
| Investment     | YTD | 1 Year  | 3 Year  | 5 Year  | 10 Year | 2000+   | 1980+   |
|----------------|-----|---------|---------|---------|---------|---------|---------|
| LT Gain+       | 0   | -21.93% | -26.33% | -26.33% | -26.33% | -26.33% | -26.33% |
| Balanced 60/40 | 0   | -16.77% | -20.09% | -20.09% | -20.09% | -32.33% | -32.33% |
| S&P 500        | 0   | -20.25% | -23.92% | -23.92% | -23.92% | -50.79% | -50.79% |

Ulcer Index the higher the number the more painful downside volatility. Considers all downside not just maximum.

| Investment     | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|----------------|-----|--------|--------|--------|---------|-------|-------|
| LT Gain+       | -   | 11.10  | 9.72   | 8.13   | 6.35    | 5.11  | 5.51  |
| Balanced 60/40 | -   | 9.55   | 7.94   | 6.38   | 4.61    | 7.93  | 6.18  |
| S&P 500        | -   | 11.08  | 9.67   | 8.02   | 5.88    | 16.70 | 12.95 |

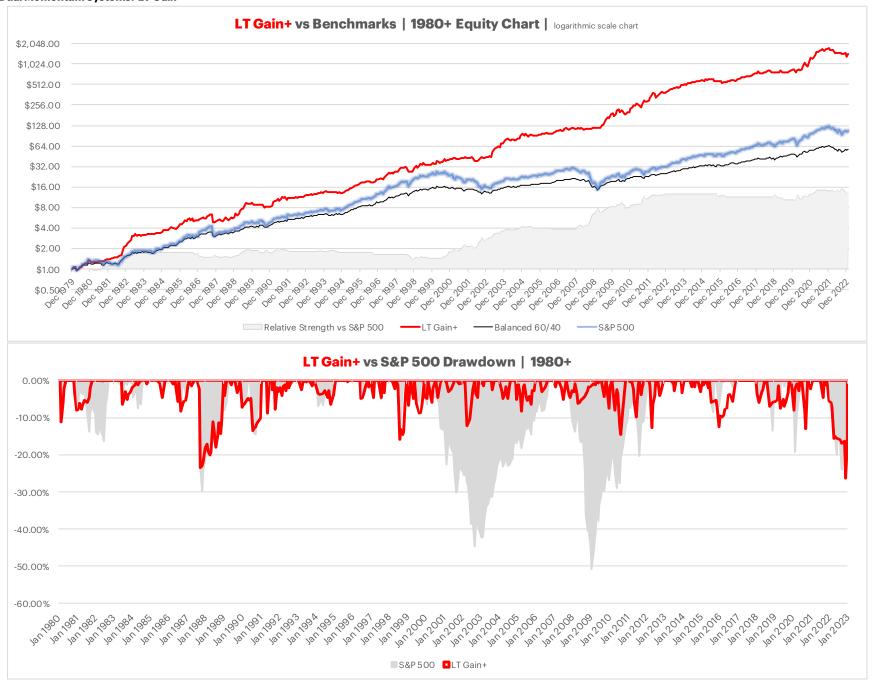
Sortino Ratio, risk adjusted performance measure - bigger number is better.

| Investment     | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |  |
|----------------|-----|--------|--------|--------|---------|-------|-------|--|
| LT Gain+       | N/A | (1.02) | 1.26   | 0.86   | 1.05    | 1.49  | 1.52  |  |
| Balanced 60/40 | N/A | (0.84) | 0.15   | 0.26   | 0.57    | 0.22  | 0.82  |  |
| S&P 500        | N/A | (0.58) | 0.49   | 0.48   | 0.85    | 0.26  | 0.72  |  |



LT Gain+ inception date January 2022.

#### **Dual Momentum Systems: LT Gain+**



Single Momentum Strategy using Smart Leverage

#### Investment selection for February 2023:

UPRO, 3X S&P 500

#### **Tax friendliness:**

LT Gain++ has mostly Long Term Cap Gains.

#### Months between change of holdings

LT Gain++ changes it's holdings every 5.9 months on average.

#### Portfolio size appropriateness:

Whale, LT Gain++ can be used for any sized portfolio.

#### **Characteristics:**

Drawdowns: LT Gain++ has more conservative drawdowns than the S&P.

Volatility: LT Gain++ is usually less volatile than the S&P over time.

Returns: LT Gain++ has superior historical returns compared to the S&P 500.

Leverage: LT Gain++ has a maximum leverage of 300% and average leverage of: 145%

#### **Strategy Description:**

LT Gain++ invests in the United States, when the Russell 1000 shows positive momentum it invests in it. When these markets aren't experiencing positive momentum the strategy goes into Long Term Treasuries. This strategy uses Smart Leverage and goes into 3X S&P 500 after an outsized drawdown in the markets and will hold that position for up to 1 full year at which time it would go back into the Russell 1000 with positive momentum.

#### **Strategy Components**

VTI Total US Market → Smart Leverage: UPRO 3X S&P 500
TLT Long Term Treasuries, or VGSH with Treasury Duration Limiter

| Metric | 2000+  | 1980+  |
|--------|--------|--------|
| Beta   | 0.63   | 0.81   |
| Alpha  | 14.92% | 19.43% |

#### Annualized Returns actual YTD for current year.

| Investment     | YTD    | 1 Year  | 3 Year | 5 Year | 10 Year | 2000+  | 1980+  |  |  |
|----------------|--------|---------|--------|--------|---------|--------|--------|--|--|
| LT Gain++      | 18.13% | -13.93% | 30.62% | 19.17% | 16.44%  | 23.61% | 24.24% |  |  |
| Balanced 60/40 | 5.10%  | -7.90%  | 5.26%  | 6.33%  | 8.26%   | 5.78%  | 9.84%  |  |  |
| S&P 500        | 6.29%  | -8.18%  | 9.87%  | 9.47%  | 12.59%  | 6.45%  | 11.47% |  |  |

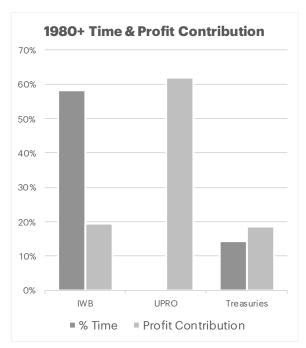
#### Maximum Drawdrown single largest drawdown.

| Investment     | YTD | 1 Year  | 3 Year  | 5 Year  | 10 Year | 2000+   | 1980+   |
|----------------|-----|---------|---------|---------|---------|---------|---------|
| LT Gain++      | 0   | -27.14% | -31.24% | -31.24% | -31.24% | -31.24% | -31.24% |
| Balanced 60/40 | 0   | -16.77% | -20.09% | -20.09% | -20.09% | -32.33% | -32.33% |
| S&P 500        | 0   | -20.25% | -23.92% | -23.92% | -23.92% | -50.79% | -50.79% |

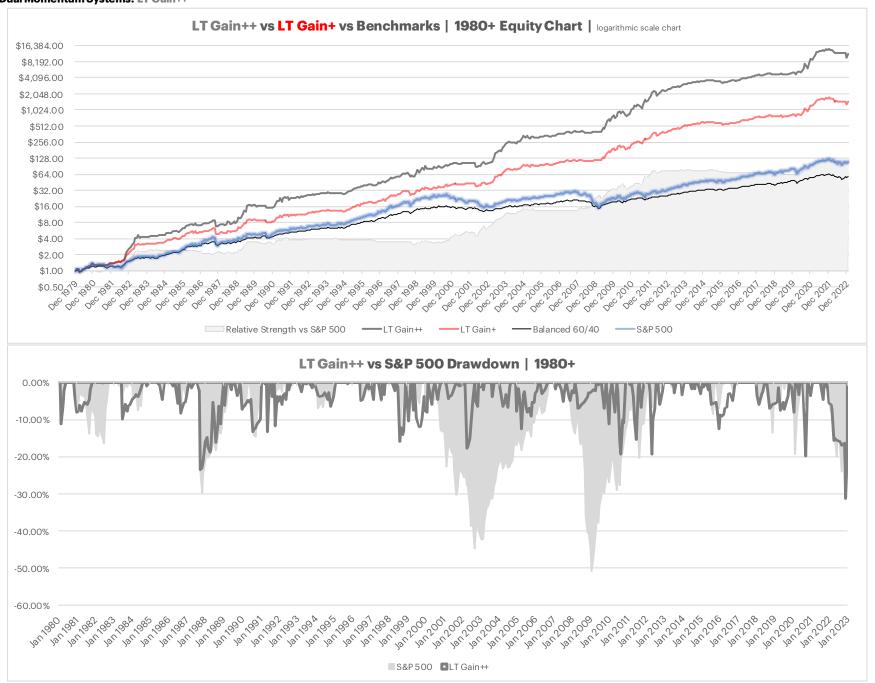
Ulcer Index the higher the number the more painful downside volatility. Considers all downside not just maximum.

| Investment     | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|----------------|-----|--------|--------|--------|---------|-------|-------|
| LT Gain++      | -   | 12.08  | 10.58  | 8.77   | 6.71    | 5.98  | 5.96  |
| Balanced 60/40 | -   | 9.55   | 7.94   | 6.38   | 4.61    | 7.93  | 6.18  |
| S&P 500        | -   | 11.08  | 9.67   | 8.02   | 5.88    | 16.70 | 12.95 |

| Investment     | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|----------------|-----|--------|--------|--------|---------|-------|-------|
| LT Gain++      | N/A | (0.77) | 1.70   | 1.21   | 1.22    | 1.74  | 1.80  |
| Balanced 60/40 | N/A | (0.84) | 0.15   | 0.26   | 0.57    | 0.22  | 0.82  |
| S&P 500        | N/A | (0.58) | 0.49   | 0.48   | 0.85    | 0.26  | 0.72  |

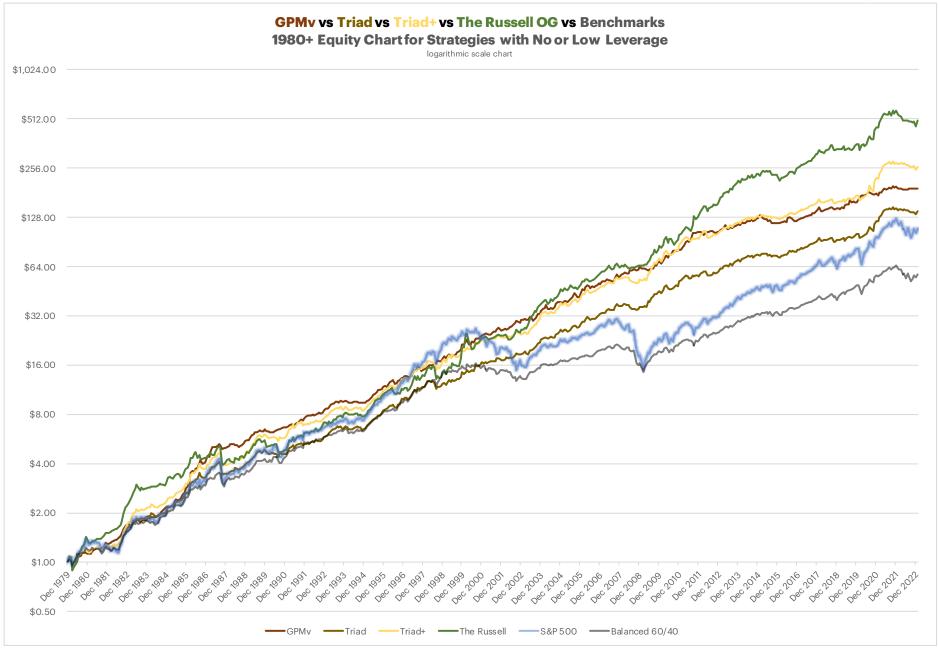


#### **Dual Momentum Systems: LT Gain++**

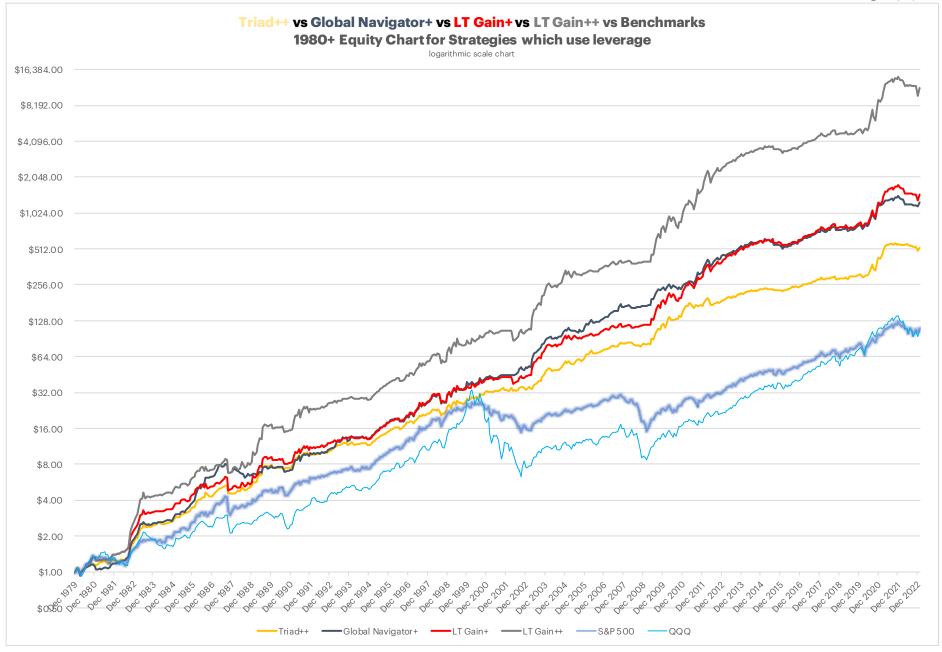


# DUAL MOMENTUM SYSTEMS

# **Equity Charts**



<sup>\*</sup> Limited use of Leverage with Triad, but showing it with the other unleveraged strategies because it is still very conservative and belongs with this group.





# Metrics, Annual Returns and Correlations

CAGR: Compound Annual Growth Rate, on average how much the strategy has returned per year

Ulcer Performance Index: A risk adjusted performance ratio which uses the Ulcer Index in it's calculations

Sortino Ratio: A risk adjusted performance ratio commonly used

Gain to Pain: Used by the famous Jack Schwager, simply the total net gain divided by net loses along the way

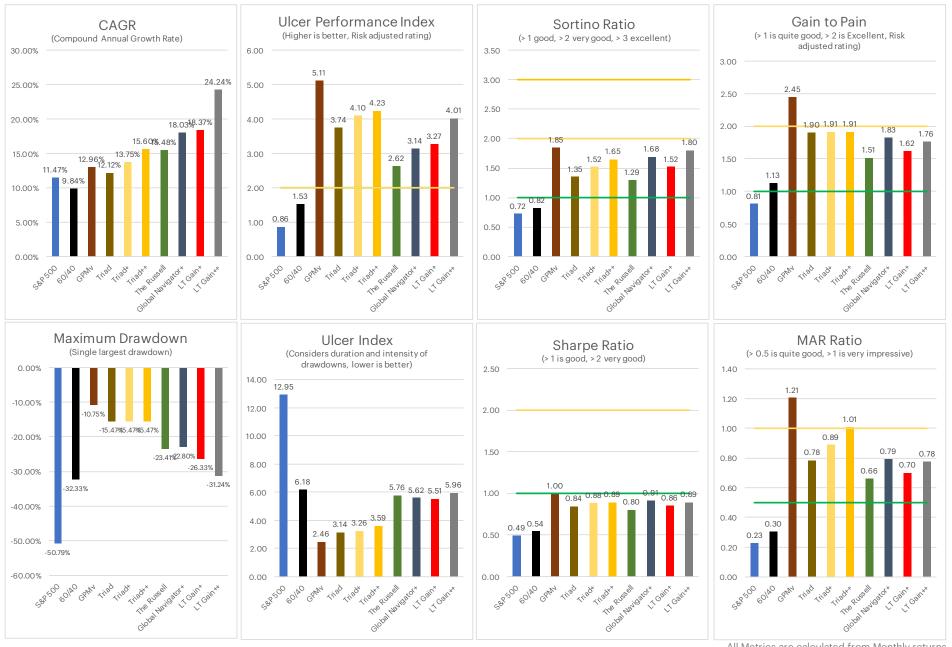
Maximum Drawdown: The largest negative drawdown for the strategy, on a month end basis

**Ulcer Index:** Measures how bad drawdowns are for an investment, not related to gains, just drawdowns

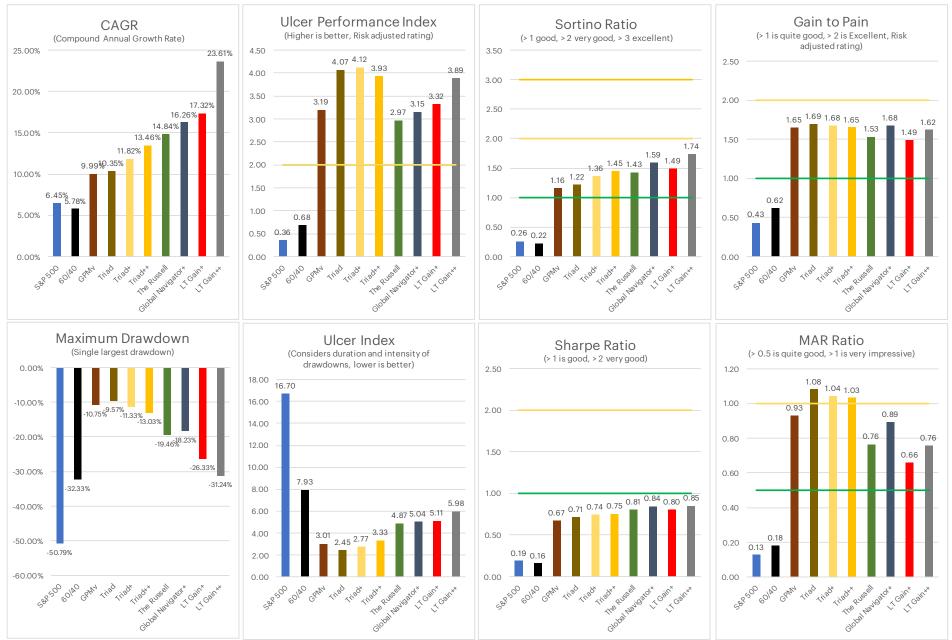
Sharpe Ratio: A commonly used risk adjusted performance measure, however, it penalizes for upside volatility

MAR Ratio: A risk adjusted performance ratio, uses maximum drawdown in it's calculations

#### "Long Term" Metrics Comparisons: Strategies vs S&P 500 & 60/40 1980 to current



# "Modern Era" Metrics Comparisons: Strategies vs S&P 500 & 60/40 2000 to current



#### **36 Month Strategy Return Correlations**

| -                 | ←Conservative |                |      |      |       |        |         |             |                   |          | Aggressive → |
|-------------------|---------------|----------------|------|------|-------|--------|---------|-------------|-------------------|----------|--------------|
|                   | S&P 500       | Balanced 60/40 | QQQ  | GPMv | Triad | Triad+ | Triad++ | The Russell | Global Navigator+ | LT Gain+ | LT Gain++    |
| S&P 500           | 1.00          |                |      |      |       |        |         |             |                   |          |              |
| Balanced 60/40    | 0.99          | 1.00           |      |      |       |        |         |             |                   |          |              |
| QQQ               | 0.93          | 0.95           | 1.00 |      |       |        |         |             |                   |          |              |
| GPMv              | 0.18          | 0.19           | 0.18 | 1.00 |       |        |         |             |                   |          |              |
| Triad             | 0.63          | 0.60           | 0.61 | 0.45 | 1.00  |        |         |             |                   |          |              |
| Triad+            | 0.61          | 0.59           | 0.60 | 0.43 | 0.98  | 1.00   |         |             |                   |          |              |
| Triad++           | 0.59          | 0.56           | 0.58 | 0.41 | 0.95  | 0.99   | 1.00    |             |                   |          |              |
| The Russell       | 0.56          | 0.54           | 0.57 | 0.55 | 0.92  | 0.92   | 1.00    | 1.00        |                   |          |              |
| Global Navigator+ | 0.57          | 0.56           | 0.63 | 0.38 | 0.87  | 0.87   | 0.87    | 0.87        | 1.00              |          |              |
| LT Gain+          | 0.60          | 0.59           | 0.65 | 0.41 | 0.91  | 0.91   | 0.91    | 0.91        | 0.94              | 1.00     |              |
| LT Gain++         | 0.57          | 0.56           | 0.62 | 0.38 | 0.90  | 0.90   | 0.87    | 0.87        | 0.93              | 0.99     | 1.00         |



# **Model Portfolios**

## **Model Portfolios**

#### 1980 through January 31, 2023

#### **Annual returns:**

|              |           | (S       |            | N  | lodel Portfoli | os       |            |
|--------------|-----------|----------|------------|----|----------------|----------|------------|
|              | US Market | Balanced | Nasdaq 100 |    |                |          |            |
| Year End     | S&P 500   | 60/40    | QQQ        |    | Retire         | Moderate | Aggressive |
| 1980         | 32.49%    | 21.02%   | 33.38%     |    | 16.86%         | 16.12%   | 22.52%     |
| 1981         | -4.90%    | 0.07%    | -0.63%     |    | 8.14%          | 8.54%    | 6.53%      |
| 1982         | 21.55%    | 25.68%   | 18.20%     |    | 34.65%         | 39.11%   | 47.20%     |
| 1983         | 22.55%    | 16.21%   | 19.58%     |    | 26.26%         | 27.48%   | 40.09%     |
| 1984         | 6.25%     | 9.84%    | -13.19%    |    | 11.52%         | 10.51%   | 7.44%      |
| 1985         | 31.23%    | 27.65%   | 32.38%     |    | 30.14%         | 32.08%   | 30.62%     |
| 1986         | 18.05%    | 17.65%   | 10.83%     |    | 31.36%         | 38.22%   | 21.26%     |
| 1987         | 4.68%     | 4.81%    | -11.38%    |    | 10.53%         | 9.99%    | 1.80%      |
| 1988         | 16.22%    | 12.64%   | 19.47%     |    | 13.63%         | 10.07%   | 16.82%     |
| 1989         | 31.38%    | 24.20%   | 19.49%     |    | 35.77%         | 30.67%   | 55.32%     |
| 1990         | -3.32%    | 1.56%    | -17.55%    |    | -2.22%         | -4.22%   | -7.93%     |
| 1991         | 30.22%    | 24.30%   | 46.97%     |    | 23.48%         | 27.62%   | 33.32%     |
| 1992         | 7.40%     | 7.35%    | 21.54%     |    | 9.87%          | 10.83%   | 10.94%     |
| 1993         | 9.58%     | 9.66%    | 15.37%     |    | 13.13%         | 14.47%   | 12.41%     |
| 1994         | 0.38%     | -0.77%   | -3.66%     |    | -1.35%         | -0.64%   | -2.11%     |
| 1995         | 38.05%    | 29.81%   | 42.46%     |    | 29.89%         | 31.08%   | 33.33%     |
| 1996         | 22.51%    | 14.70%   | 23.41%     |    | 16.83%         | 15.06%   | 16.72%     |
| 1997         | 33.49%    | 23.58%   | 21.27%     |    | 18.61%         | 21.10%   | 25.07%     |
| 1998         | 28.69%    | 21.01%   | 32.17%     |    | 16.71%         | 13.82%   | 12.01%     |
| 1999         | 20.39%    | 11.65%   | 101.07%    |    | 19.63%         | 21.82%   | 19.60%     |
| 2000         | -9.74%    | -1.49%   | -36.11%    |    | 11.79%         | 12.81%   | 15.14%     |
| 2001         | -11.75%   | -3.81%   | -33.34%    |    | 2.03%          | 3.11%    | 1.78%      |
| 2002         | -21.59%   | -9.80%   | -37.37%    |    | 2.48%          | 5.80%    | 0.64%      |
| 2003         | 28.16%    | 18.19%   | 49.67%     |    | 30.82%         | 39.37%   | 61.81%     |
| 2004         | 10.71%    | 8.00%    | 10.54%     |    | 16.02%         | 17.96%   | 24.12%     |
| 2005         | 4.83%     | 3.87%    | 1.57%      |    | 8.91%          | 8.97%    | 4.22%      |
| 2006         | 15.84%    | 10.95%   | 7.14%      |    | 16.21%         | 17.14%   | 15.88%     |
| 2007         | 5.14%     | 5.94%    | 19.02%     |    | 11.56%         | 13.31%   | 9.92%      |
| 2008         | -36.81%   | -21.86%  | -41.73%    |    | -1.36%         | -1.83%   | -6.11%     |
| 2009         | 26.38%    | 18.66%   | 54.68%     |    | 30.20%         | 32.98%   | 54.97%     |
| 2010         | 15.06%    | 12.04%   | 20.14%     |    | 23.06%         | 20.26%   | 24.11%     |
| 2011         | 1.88%     | 4.38%    | 3.47%      |    | 15.20%         | 17.62%   | 22.06%     |
| 2012         | 16.00%    | 11.39%   | 18.12%     |    | 7.45%          | 13.27%   | 21.38%     |
| 2013         | 32.31%    | 17.44%   | 36.63%     |    | 17.42%         | 18.93%   | 24.22%     |
| 2014         | 13.48%    | 10.56%   | 19.18%     |    | 8.92%          | 9.31%    | 10.06%     |
| 2015         | 1.26%     | 1.11%    | 9.45%      |    | -3.64%         | -5.25%   | -2.93%     |
| 2016         | 12.00%    | 8.34%    | 7.10%      |    | 8.07%          | 8.61%    | 9.91%      |
| 2017         | 21.71%    | 14.26%   | 32.66%     | IJ | 15.51%         | 16.16%   | 17.00%     |
| 2018         | -4.56%    | -2.47%   | -0.12%     | IJ | 0.57%          | 0.45%    | 0.12%      |
| 2019         | 31.23%    | 21.98%   | 38.96%     |    | 12.40%         | 12.38%   | 12.50%     |
| 2020         | 18.39%    | 14.93%   | 48.40%     |    | 26.73%         | 28.73%   | 40.80%     |
| 2021         | 28.76%    | 15.74%   | 27.42%     | IJ | 22.26%         | 20.92%   | 33.31%     |
| 2022         | -18.17%   | -15.86%  | -32.58%    | IJ | -9.31%         | -10.87%  | -17.31%    |
| 2023         | 6.29%     | 5.10%    | 10.64%     |    | 3.49%          | 4.74%    | 9.31%      |
| +/- S&P YTD: | 0.0%      | -1.2%    | 4.4%       |    | -2.8%          | -1.5%    | 3.0%       |
| CAGR         | 11.5%     | 9.8%     | 11.4%      |    | 14.3%          | 15.1%    | 17.1%      |

## **Dual Momentum Strategies: Model Retire Portfolio**

Combination of Strategies Results through 01/31/2023

#### **Investment selection for February 2023:**

Look at individual strategies for selections

#### Tax friendliness:

Undetermined

#### **Strategy Description:**

This Model Retire Portfolio is based on the allocation: 35% GPMv 50% Triad++ 15% IWB [the Russell 1000 ETF]. It has an average leverage of 108% and a maximum leverage of 133%. The goal of this strategy is a balance of: 1) Near market returns 2) with a very low long term Ulcer Index and 3) low Max DD and 4) low average and modestly low maximum leverage.

#### Months between change of holdings

Undetermined, look at the individual strategies for a better idea.

#### Portfolio size appropriateness:

Undetermined, look at the individual strategies for a better idea.

#### **Characteristics:**

Drawdowns: Far less than a Balanced 60/40 portfolio. Volatility: Far less overall downside volatility over the long term. Returns: Significantly higher returns than a 60/40.

| Metric | 2000+ | 1980+ |
|--------|-------|-------|
| Beta   | 0.35  | 0.43  |
| Alpha  | 9.01% | 9.13% |

#### Annualized Returns actual YTD for current year.

| Investment          | YTD   | 1 Year | 3 Year | 5 Year | 10 Year | 2000+  | 1980+  |
|---------------------|-------|--------|--------|--------|---------|--------|--------|
| <b>Model Retire</b> | 3.49% | -3.60% | 12.71% | 9.49%  | 9.36%   | 11.52% | 14.31% |
| Balanced 60/40      | 5.10% | -7.90% | 5.26%  | 6.33%  | 8.26%   | 5.78%  | 9.84%  |
| S&P 500             | 6.29% | -8.18% | 9.87%  | 9.47%  | 12.59%  | 6.45%  | 11.47% |

#### Maximum Drawdrown, single largest drawdown.

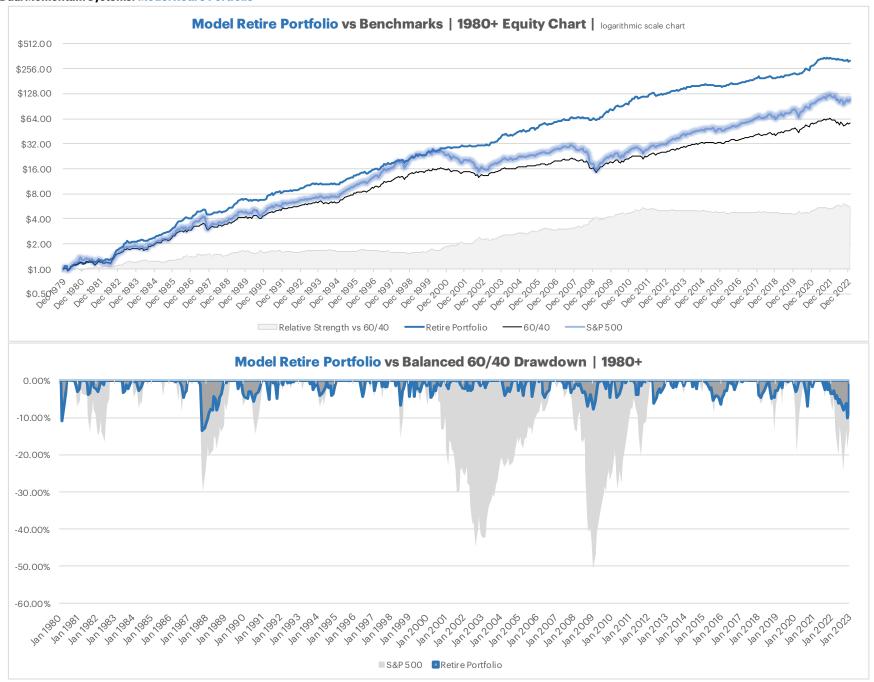
| Investment     | YTD | 1 Year  | 3 Year  | 5 Year  | 10 Year | 2000+   | 1980+   |
|----------------|-----|---------|---------|---------|---------|---------|---------|
| Model Retire   | 0   | -7.62%  | -10.10% | -10.10% | -10.10% | -10.10% | -13.75% |
| Balanced 60/40 | 0   | -16.77% | -20.09% | -20.09% | -20.09% | -32.33% | -32.33% |
| S&P 500        | 0   | -20.25% | -23.92% | -23.92% | -23.92% | -50.79% | -50.79% |

Ulcer Index the higher the number the more painful downside volatility. Considers all downside not just maximum.

| Investment          | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|---------------------|-----|--------|--------|--------|---------|-------|-------|
| <b>Model Retire</b> | -   | 3.76   | 3.96   | 3.48   | 2.86    | 2.58  | 2.73  |
| Balanced 60/40      | -   | 9.55   | 7.94   | 6.38   | 4.61    | 7.93  | 6.18  |
| S&P 500             | -   | 11.08  | 9.67   | 8.02   | 5.88    | 16.70 | 12.95 |

| Investment          | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|---------------------|-----|--------|--------|--------|---------|-------|-------|
| <b>Model Retire</b> | N/A | (1.23) | 1.32   | 0.87   | 1.00    | 1.39  | 1.77  |
| Balanced 60/40      | N/A | (0.84) | 0.15   | 0.26   | 0.57    | 0.22  | 0.82  |
| S&P 500             | N/A | (0.58) | 0.49   | 0.48   | 0.85    | 0.26  | 0.72  |

#### **Dual Momentum Systems: Model Retire Portfolio**



## **Dual Momentum Strategies: Model Moderate Portfolio**

Combination of Strategies Results through 01/31/2023

#### **Investment selection for February 2023:**

Look at individual strategies for selections

#### Tax friendliness:

Undetermined

#### **Strategy Description:**

This Model Moderate Portfolio based on the allocation: 30% GPMv 35% Triad++ 20% Global Navigator+ 15% IWR [the Russell Mid-Cap ETF]. It has an average leverage of 108% and a maximum leverage of 143%. This strategy has an allocation for somebody who is willing to use modest leverage at times when the odds are in our favor, somebody who is looking for growth, but doesn't want S&P type maximum drawdowns and high

#### Months between change of holdings

Undetermined, look at the individual strategies for a better idea.

#### Portfolio size appropriateness:

Undetermined, look at the individual strategies for a better idea.

#### **Characteristics:**

Drawdowns: Noticeably lower Max DD compared to S&P 500.

Volatility: More volatile than a 60/40 recently, much less over the long term.

Returns: Similar returns to S&P 500 ovr the past 1 to 10 years, and superior returns over the long run.

| Metric | 2000+  | 1980+ |
|--------|--------|-------|
| Beta   | 0.37   | 0.46  |
| Alpha  | 10.00% | 9.64% |

#### Annualized Returns, actual YTD for current year.

| Investment            | YTD   | 1 Year | 3 Year | 5 Year | 10 Year | 2000+  | 1980+  |
|-----------------------|-------|--------|--------|--------|---------|--------|--------|
| <b>Model Moderate</b> | 4.74% | -3.16% | 12.81% | 9.45%  | 9.44%   | 12.64% | 15.11% |
| Balanced 60/40        | 5.10% | -7.90% | 5.26%  | 6.33%  | 8.26%   | 5.78%  | 9.84%  |
| S&P 500               | 6.29% | -8.18% | 9.87%  | 9.47%  | 12.59%  | 6.45%  | 11.47% |

#### Maximum Drawdrown, single largest drawdown.

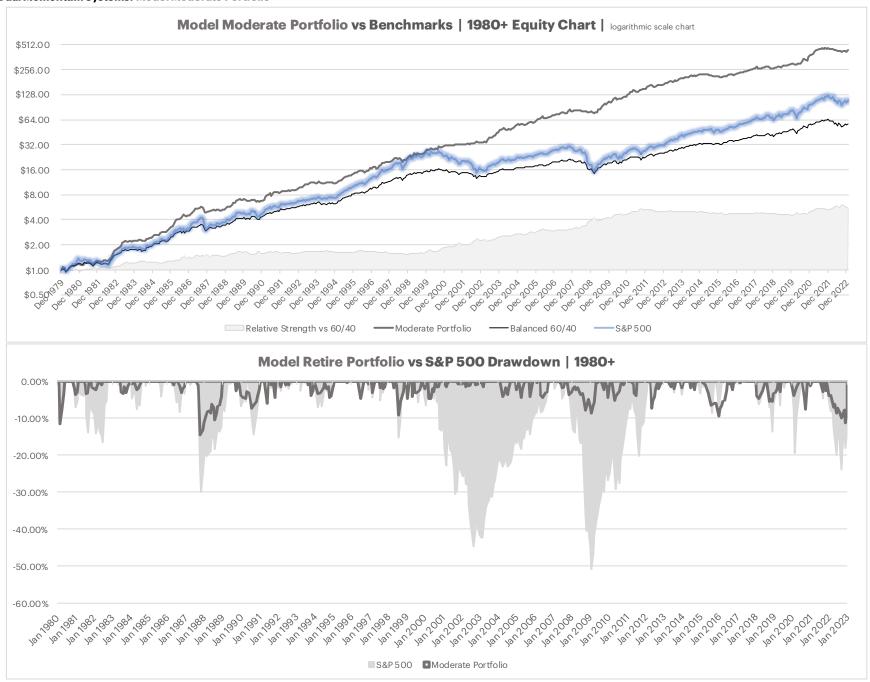
| Investment     | YTD | 1 Year  | 3 Year  | 5 Year  | 10 Year | 2000+   | 1980+   |
|----------------|-----|---------|---------|---------|---------|---------|---------|
| Model Moderate | 0   | -7.95%  | -11.22% | -11.22% | -11.22% | -11.22% | -14.49% |
| Balanced 60/40 | 0   | -16.77% | -20.09% | -20.09% | -20.09% | -32.33% | -32.33% |
| S&P 500        | 0   | -20.25% | -23.92% | -23.92% | -23.92% | -50.79% | -50.79% |

Ulcer Index, the higher the number the more painful downside volatility. Considers all downside not just maximum.

| Investment     | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|----------------|-----|--------|--------|--------|---------|-------|-------|
| Model Moderate | -   | 4.47   | 4.85   | 4.16   | 3.58    | 2.99  | 3.09  |
| Balanced 60/40 | -   | 9.55   | 7.94   | 6.38   | 4.61    | 7.93  | 6.18  |
| S&P 500        | -   | 11.08  | 9.67   | 8.02   | 5.88    | 16.70 | 12.95 |

| Investment            | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|-----------------------|-----|--------|--------|--------|---------|-------|-------|
| <b>Model Moderate</b> | N/A | (1.10) | 1.24   | 0.80   | 0.93    | 1.53  | 1.80  |
| Balanced 60/40        | N/A | (0.84) | 0.15   | 0.26   | 0.57    | 0.22  | 0.82  |
| S&P 500               | N/A | (0.58) | 0.49   | 0.48   | 0.85    | 0.26  | 0.72  |

#### **Dual Momentum Systems: Model Moderate Portfolio**



## **Dual Momentum Strategies: Model Aggressive Portfolio**

Combination of Strategies Results through 01/31/2023

#### **Investment selection for February 2023:**

Look at individual strategies for selections

#### Tax friendliness:

Undetermined

#### **Strategy Description:**

This Model Aggressive Portfolio based on the allocation: 55% Triad+ 30% LT Gain++ 15% IWR [the Russell Mid-Cap ETF]. It has an average leverage of 118% and a maximum leverage of 178%. This strategy is for a person more comfortable with higher leverage and the volatility it brings while holding it; in exchange for terrific long term growth.

#### Months between change of holdings

Undetermined, look at the individual strategies for a better idea.

#### Portfolio size appropriateness:

Undetermined, look at the individual strategies for a better idea.

#### **Characteristics:**

Drawdowns: Far less Max DD than the S&P 500.

Volatility: Slightly higher downside volatility than the S&P over the past 10 years, far lower over the long run. Returns: Similar returns to the S&P over the past 10 years, significantly higher over the long run.

| Metric | 2000+  | 1980+ |
|--------|--------|-------|
| Beta   | 0.52   | 0.63  |
| Alpha  | 11.91% | 9.74% |

#### Annualized Returns actual YTD for current year.

| Investment              | YTD   | 1 Year | 3 Year | 5 Year | 10 Year | 2000+  | 1980+  |
|-------------------------|-------|--------|--------|--------|---------|--------|--------|
| <b>Model Aggressive</b> | 9.31% | -5.86% | 19.34% | 12.84% | 12.07%  | 15.43% | 17.09% |
| Balanced 60/40          | 5.10% | -7.90% | 5.26%  | 6.33%  | 8.26%   | 5.78%  | 9.84%  |
| S&P 500                 | 6.29% | -8.18% | 9.87%  | 9.47%  | 12.59%  | 6.45%  | 11.47% |

#### Maximum Drawdrown single largest drawdown.

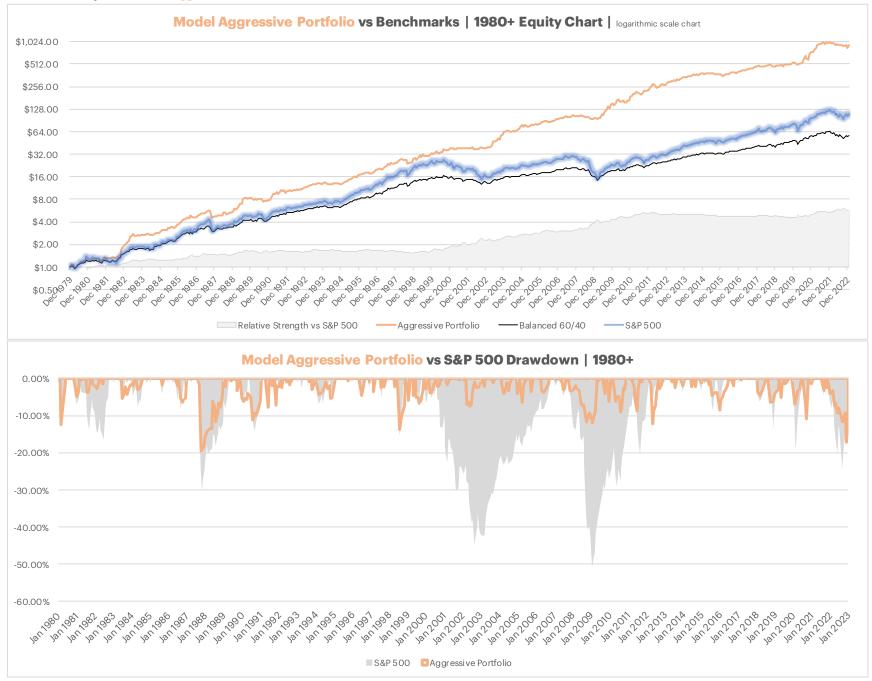
| Investment              | YTD | 1 Year  | 3 Year  | 5 Year  | 10 Year | 2000+   | 1980+   |
|-------------------------|-----|---------|---------|---------|---------|---------|---------|
| <b>Model Aggressive</b> | 0   | -14.36% | -17.31% | -17.31% | -17.31% | -17.31% | -19.74% |
| Balanced 60/40          | 0   | -16.77% | -20.09% | -20.09% | -20.09% | -32.33% | -32.33% |
| S&P 500                 | 0   | -20.25% | -23.92% | -23.92% | -23.92% | -50.79% | -50.79% |

#### Ulcer Index the higher the number the more painful downside volatility. Considers all downside not just maximum.

| Investment              | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|-------------------------|-----|--------|--------|--------|---------|-------|-------|
| <b>Model Aggressive</b> | -   | 6.47   | 6.16   | 5.24   | 4.03    | 3.93  | 4.20  |
| Balanced 60/40          | -   | 9.55   | 7.94   | 6.38   | 4.61    | 7.93  | 6.18  |
| S&P 500                 | -   | 11.08  | 9.67   | 8.02   | 5.88    | 16.70 | 12.95 |

| Investment              | YTD | 1 Year | 3 Year | 5 Year | 10 Year | 2000+ | 1980+ |
|-------------------------|-----|--------|--------|--------|---------|-------|-------|
| <b>Model Aggressive</b> | N/A | (0.86) | 1.53   | 1.00   | 1.11    | 1.57  | 1.66  |
| Balanced 60/40          | N/A | (0.84) | 0.15   | 0.26   | 0.57    | 0.22  | 0.82  |
| S&P 500                 | N/A | (0.58) | 0.49   | 0.48   | 0.85    | 0.26  | 0.72  |

#### **Dual Momentum Systems: Model Aggressive Portfolio**



#### **Investment Strategies**

#### Rolling 12 Month Returns Through January 31, 2023

| Returns | and Maxi | imum Dr | awdown: |
|---------|----------|---------|---------|
|---------|----------|---------|---------|

|                | US Market | Balanced | Nasdaq 100 |
|----------------|-----------|----------|------------|
| Month          | S&P 500   | 60/40    | QQQ        |
| Feb 2022       | -2.95%    | -2.23%   | -4.48%     |
| Mar 2022       | 3.76%     | 1.16%    | 4.67%      |
| Apr 2022       | -8.78%    | -6.85%   | -13.60%    |
| May 2022       | 0.23%     | 0.47%    | -1.59%     |
| Jun 2022       | -8.25%    | -5.61%   | -8.91%     |
| Jul 2022       | 9.21%     | 6.48%    | 12.55%     |
| Aug 2022       | -4.08%    | -3.57%   | -5.13%     |
| Sep 2022       | -9.24%    | -7.22%   | -10.54%    |
| Oct 2022       | 8.13%     | 4.41%    | 4.00%      |
| Nov 2022       | 5.56%     | 4.80%    | 5.54%      |
| Dec 2022       | -5.76%    | -3.78%   | -9.01%     |
| Jan 2023       | 6.29%     | 5.10%    | 10.64%     |
| 12 Mo Rtrn:    | -8.18%    | -7.90%   | -18.25%    |
| Max DD:        | -20.25%   | -16.77%  | -26.12%    |
| b/(w) S&P 500: | 0.0%      | 0.3%     | -10.1%     |

|   | Retire | Moderate | Aggressive |
|---|--------|----------|------------|
|   | 0.03%  | 0.12%    | 0.27%      |
|   | 0.80%  | 0.32%    | 0.29%      |
|   | -2.19% | -3.54%   | -4.27%     |
|   | 0.73%  | 0.66%    | 1.02%      |
|   | -2.23% | -2.28%   | -2.85%     |
|   | 1.07%  | 1.27%    | 1.26%      |
|   | -1.24% | -1.07%   | -1.54%     |
| l | -1.73% | -1.83%   | -2.29%     |

1.08%

1.28%

-3.64%

4.74%

-3.16%

-7.95%

5.0%

 $Aggressive \rightarrow$ 

1.01%

1.40%

-8.66%

9.31%

-5.86%

-14.36%

2.3%

←Conservative

0.95%

1.15%

-4.26%

3.49%

-3.60%

-7.62% 4.6%

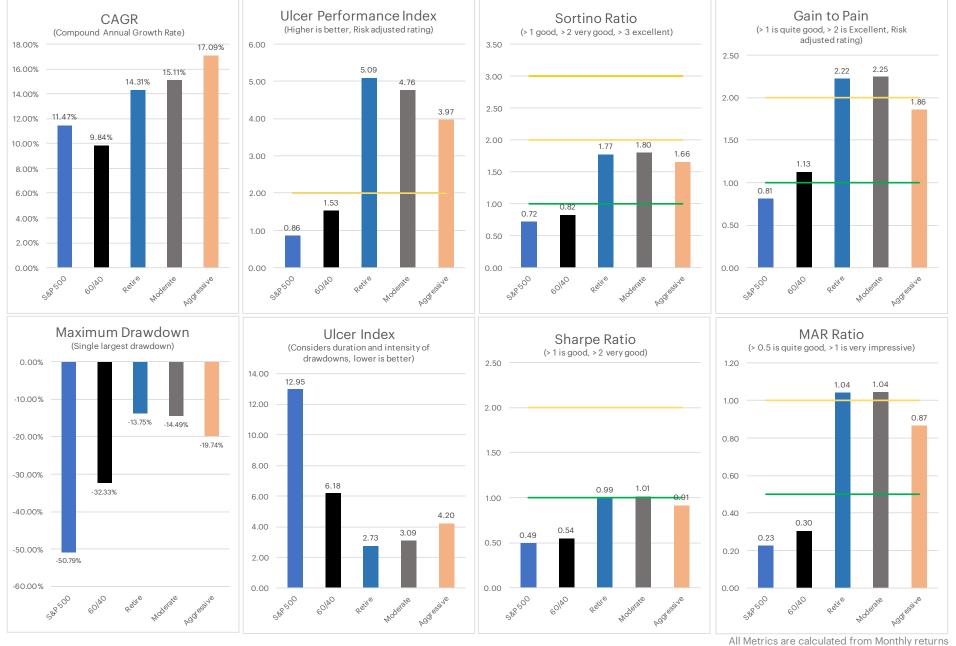
\$10,000 turns into:

|           | US Market |        | Balanced |        | Nasdaq 100 |        |
|-----------|-----------|--------|----------|--------|------------|--------|
| Month     | S&P 500   |        | 60/40    |        | 999        |        |
| Starting: | \$        | 10,000 | \$       | 10,000 | \$         | 10,000 |
| Feb 2022  | \$        | 9,705  | \$       | 9,777  | \$         | 9,552  |
| Mar 2022  | \$        | 10,070 | \$       | 9,890  | \$         | 9,998  |
| Apr 2022  | \$        | 9,186  | \$       | 9,213  | \$         | 8,639  |
| May 2022  | \$        | 9,207  | \$       | 9,256  | \$         | 8,502  |
| Jun 2022  | \$        | 8,447  | \$       | 8,736  | \$         | 7,744  |
| Jul 2022  | \$        | 9,225  | \$       | 9,302  | \$         | 8,716  |
| Aug 2022  | \$        | 8,849  | \$       | 8,970  | \$         | 8,269  |
| Sep 2022  | \$        | 8,031  | \$       | 8,323  | \$         | 7,398  |
| Oct 2022  | \$        | 8,684  | \$       | 8,690  | \$         | 7,694  |
| Nov 2022  | \$        | 9,167  | \$       | 9,107  | \$         | 8,120  |
| Dec 2022  | \$        | 8,639  | \$       | 8,763  | \$         | 7,388  |
| Jan 2023  | \$        | 9,182  | \$       | 9,210  | \$         | 8,175  |

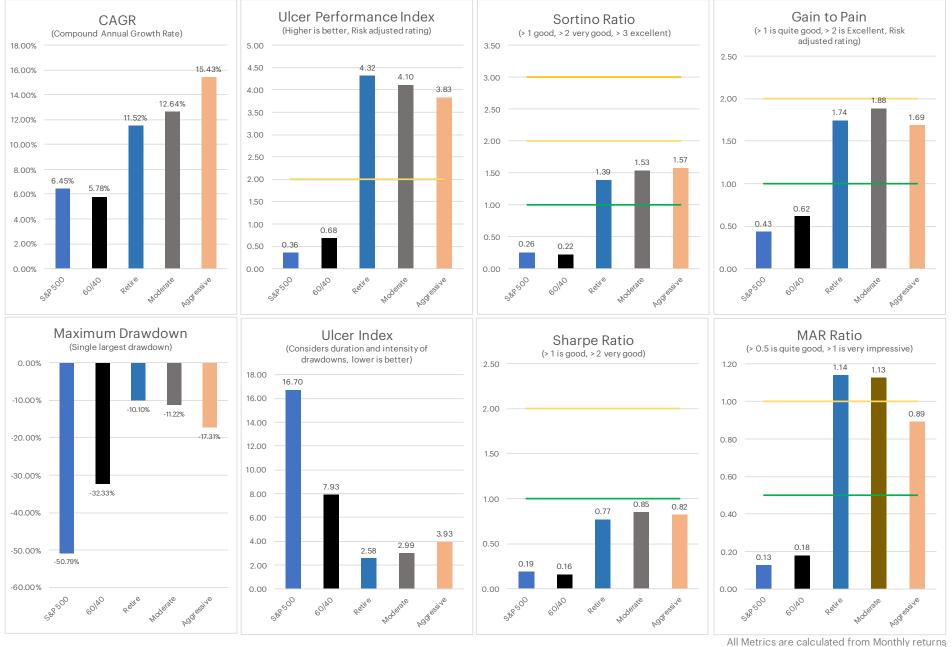
| ←Conserv | Aggressive → |            |
|----------|--------------|------------|
| Retire   | Moderate     | Aggressive |
| \$10,000 | \$10,000     | \$ 10,000  |
| \$10,003 | \$ 10,012    | \$ 10,027  |
| \$10,083 | \$10,044     | \$ 10,057  |
| \$ 9,862 | \$ 9,688     | \$ 9,627   |
| \$ 9,934 | \$ 9,753     | \$ 9,726   |
| \$ 9,713 | \$ 9,530     | \$ 9,449   |
| \$ 9,817 | \$ 9,651     | \$ 9,568   |
| \$ 9,696 | \$ 9,547     | \$ 9,421   |
| \$ 9,528 | \$ 9,372     | \$ 9,205   |
| \$ 9,618 | \$ 9,473     | \$ 9,298   |
| \$ 9,729 | \$ 9,594     | \$ 9,428   |
| \$ 9,314 | \$ 9,245     | \$ 8,612   |
| \$ 9,640 | \$ 9,684     | \$ 9,414   |

|          | Rolling 12 Month Returns   |
|----------|--|
| \$16,000 |  |
|          |  |
|          |  |
|          |  |
|          |  |
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|          |  |
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|          |  |
| \$8,000  | Estating topology Was Loty Was Loty Was Loty Mistory Mistory Was Loty Sebooly Octoby Was Loty Deckly William |
|          | — Model Retire Portfolio — Model Moderate Portfolio — 60/40  |
|          |  |

#### "Long Term" Metrics Comparisons: Model Portfolios vs S&P 500 & 60/40 1980 to current



#### "Modern Era" Metrics Comparisons: Strategies vs S&P 500 & 60/40 2000 to current





Thank you for your time, my hope is that these strategies may help you grow your investments more than a market index fund, with less drawdowns along the way.

Countless hours of thought, development, and modeling have gone into these strategies which were inspired from the work of Gary Antonacci at www.OptimalMomentum.com. I have entrusted my invested net worth into these strategies, I am not looking to gain from anybody else who chooses to use them, I simply want to share what I think are fantastic ways to invest money for the long run. Receive the strategy information free by emailing me and getting on the distribution list, your information is kept private.

DMCK.



# Appendix: How to invest in Dual Momentum

and

**How it works** 

## How would a person invest in these Strategies?



At the end of the month notice of which investments the strategies should be invested in for the
next month are distributed. You can make any necessary trades the first day or two of the month.
This is a free service, these models are run for my own investment portfolio, I like to share with
interested people who want more than a buy and hold strategy.



 Determine your allocation, you'll need to decide if you want to go with Global Navigator, The Russell, or some combination of both. In the reporting you'll see a "30/70 Model Portfolio", that is because this is what I do personally: 30% Global Navigator and 70% The Russell.



Place your trade at your brokerage company so that you are in the investment that the ETF which
the strategy indicates for the next month. There is no need to scale in when you start the
strategies, every month is a new investment decision to be fully in equities or in Treasuries. You
only need to make sure that you are holding the investment for the month that the models tell
you to hold.

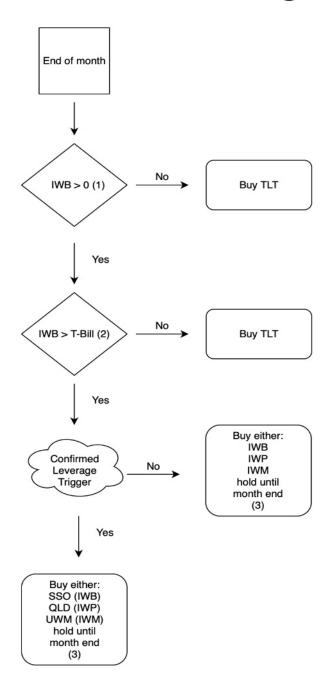


When the models are in Risk OFF mode they are out of equities and in Treasuries. When in Risk
OFF mode the models set to go into UST which is a 2X Intermediate Treasuries ETF. For most of
us, this is a great choice. If you are a whale investor then you should probably be considering
going into either ZROZ or EDV instead for maximum gain prospects, a whale could instead buy
VGLT if they want less volatility when are out of equities.



• These strategies move differently than a market index fund, and on any given day, week, month, or year could underperform the market index, however, this does not mean that the strategies are no longer working - they are best evaluated over a longer time period. Please look closely at the annual performance compared to the S&P on the Bar Chart, it shows very clearly on an annual basis how great these strategies perform to the market, but not every year. Also look closely at the Maximum Drawdown chart, yes, there are some big dips on the dual momentum strategies, but the drawdowns are both more shallow and fewer in number than the market.

## How do the strategies select where to invest?



This example to the left shows the decision process for The Russell.

**Decision 1)** When the month is over the full month results are used to calculate the weighted returns: 25% of the 1 month return plus 25% of the 3 month return plus 50% of the 6 month return. If the weighted return for the Russell 1000 is less than zero, then the strategy goes into Treasuries for the next month.

**Decision 2)** If the Russell 1000 weighted return was positive, check to see if the weighted return is greater than the 90 day T-Bill weighted return, if not the strategy goes into Treasuries for the next month.

**Decision 3 No)** If the Russell 1000 weighted return was higher than the 90 day T-Bill weighted return, do we have a confirmed Leverage Trigger (which can happen after an outsized drawdown in the Russell 1000), if not we invest in either the Russell 1000, Russell Mid-Cap Growth, or Russell 2000, the one of those three selected is the one with the highest relative strength determined by comparing their weighed returns.

**Decision 3 Yes)** If there was a confirmed Leverage Trigger, then we invest in SSO instead of Russell 1000, and QLD instead of Russell Mid-Cap Growth, and UWM instead of Russell 2000.

The investment is held until the end of the month, and the process is done again. On average, investments are held about 4 months before changing.



# **Extended Data & Out of Sample**

#### **Extended Data**

The strategies use ETF monthly total return data. Leveraged ETF data is used as far back as it is available, it is simulated using the available daily return total data to extend the leverage returns back in time. At this time, only the leveraged S&P 500 from 1970 through 1979 had to be simulated on monthly data instead of daily, if that information becomes available to me it will be updated. This deck is reporting back to 1980 for all strategies, I do have Global Navigator and LT Gain 3 back to 1970 but as mentioned the extended data for the 1970's should based on daily returns.

The Nasdaq 100 benchmark data is based on Nasdaq 100 back to 1986, however, it didn't exist or data can't be found before that time, so the Nasdaq Composite is used pre-1986 as a proxy. I couldn't reliably emulate Nasdaq 100 from Nasdaq comp.

#### In Sample, and Out of Sample

The strategies were created with available data from 2000 through the time each strategy was created. Because this data was available and used in the modeling of each strategy, it is considered "In Sample". "Out of Sample" is the periods that the strategy is looking at for which returns were not available when the strategies were created. 1980 through 2000, and from when the strategy was finalized forward is all out of sample.

Nothing was changed to any of the strategies after seeing the additional 20 years from 1980 through 2000, nor were any of the strategies changed or modified due to any returns which have resulted after the strategies were created. I use these strategies myself to invest my hard earned dollars in them, I don't want to fool anybody, most especially not myself by tweaking the strategies to handle some big incident better than it was originally designed to do, no data mining!